

Who We Are

OLLI provides educational, recreational, volunteer, and social opportunities for individuals 50 and older through day and evening courses, seminars, and field trips.

OLLI at WVU is an academic cooperative of members that provides mature adults with opportunities for intellectual development, cultural stimulation, and social interaction. OLLI's educational program is centered on classes developed and taught by volunteers who share their time and knowledge.

OLLI is a self-directed membership organization within the Center on Aging at West Virginia University. Together we recognize the unique experiences and capabilities of our members by emphasizing and encouraging peer learning, member participation, collaborative leadership, and social interaction. The atmosphere is supportive and filled with humor, wisdom, diversity, and insight.

OLLI offers four terms each year. The course selections include music, literature, art, sciences, politics, health-related topics, social issues, nature, and history.

Most classes are taught in the OLLI classrooms at the Mountaineer Mall. Some are held at off-campus locations, such as the BOPARC Senior Center and the Village at Heritage Point.

Course Presenters

OLLI welcomes your skill, talent, or passion. We have openings for instructors each term and would be happy to offer you an opportunity to bring your expertise to an OLLI class. Terms usually run for six weeks with weekly two-hour presentations. Some instructors choose to offer shorter courses or a one-time presentation.

Class Assistant Volunteers

Each class needs a Facilitator to introduce the instructor and distribute class materials. Many classes also require a Technology Assistant. If you would like to volunteer to help, please call the OLLI office (304-293-1793).

A Message from the Director

The 2011 summer term offers an exciting collection of new courses designed to provide the membership of OLLI at WVU with a variety of opportunities for intellectual and cultural enrichment, in keeping with our mission of promoting life-long learning in the greater Morgantown area. We invite you to review this course catalog and to choose one or more of the courses that you find particularly intriguing. With such a large selection of challenging and stimulating course offerings in a range of areas, both academic and practical, the greatest challenge may be in limiting yourself to just a few courses.

As you survey this catalog, please be mindful of the volunteer effort that went into its creation. Your assistance in managing and facilitating the activities of OLLI at WVU is needed more than ever. Please consider serving as a volunteer, committee member, or in a leadership role. OLLI at WVU needs your commitment to lifelong learning more than ever and looks forward to your participation in our many activities.

Joseph B. Greene
Executive Director

Important Dates at OLLI

Summer Term: July 6 to August 2

Annual Aging Series Lecture

September 7

1:00 pm to 2:00 pm

Fall Reception

September 7

2:00 pm to 3:30 pm

Senior Monongalians Social Room

Fall Term: September 19 to October 28

Winter Term: January 17, 2012 to February 27, 2012

Spring Term: April 9, 2012 to May 18, 2012

Supporters

We acknowledge and thank the following patrons and supporters.
We have continued to grow as an organization
with the unwavering commitment of these groups and individuals.

The Bernard Osher Foundation
West Virginia University Department of Community Medicine
and the West Virginia University Center on Aging

Allan Ducatman, M.D., M.Sc., and Chair
Department of Community Medicine

OLLI Members and Volunteers
Our Distinguished Instructors
Committee Members

OLLI Board of Directors, 2010-2011

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Membership Application 2011-2012

Name _____

Address _____

City _____ State _____ Zip code _____

Phone _____ E-mail _____

Check one:

New Member _____ Renewal _____ Fairmont Lifelong Learner _____

I have paid my dues for 2011-2012 _____

Check one:

_____ **Annual Membership Dues: July 1, 2011-June 30, 2012: \$85**

Members may register for as many classes as they wish (including those in the Summer Term) and have voting privileges.

_____ **Summer Term Membership Dues: \$45**

Summer term members may register for as many classes from this summer catalog as they wish.

OLLI also welcomes tax-deductible contributions. Please check the appropriate fund if you are also including a contribution to OLLI.

_____ **OLLI at WVU General Fund:** used for current expenses

_____ **OLLI at WVU Endowment Fund:** helps to assure the continuance of the organization. OLLI may use only a percentage of the income generated from this fund.

_____ **OLLI Scholarship Fund:** assists another member of this community who would like to participate in the program

My enclosed check, payable to the WVU Foundation, Inc. in the amount of \$ _____, covers the total amount for membership and/or donations indicated above.

Please send your check and this form to:

OLLI at WVU
Mountaineer Mall, Unit D-9
P.O. Box 9123
Martinsburg, WV 26506-9123

Once you have paid your dues, you may register online or send the registration form in this booklet to the OLLI at WVU office.

Summer 2011 Course Registration Form

If you have paid your dues, you may register on-line at:

www.olliatwvu.org

Please register by Monday, June 27, 2011.

Name _____

Address _____

City _____ State _____ Zip code _____

Phone _____ E-mail _____

Circle the number/s below that correspond to the number of the class or classes that you wish to attend.

1	14	27	40	53
2	15	28	41	54
3	16	29	42	55
4	17	30	43	56
5	18	31	44	57
6	19	32	45	58
7	20	33	46	59
8	21	34	47	60
9	22	35	48	
10	23	36	49	
11	24	37	50	
12	25	38	51	
13	26	39	52	

Send your registration form to:

OLLI at WVU

Mountaineer Mall, Unit D-9

P. O. Box 9123

Morgantown, WV 26506-9123

Registration Information

Before you can register for an OLLI class, you must have become a member of OLLI and paid your dues. The “OLLI membership year” is July 1 to June 30. A membership form can be found on page 4 of this catalog.

You may register for the 2011 Summer Session either on-line or on the enclosed registration form on the previous page. You will not be sent a confirmation of registration; however, you will be notified if the class is full and you are waitlisted for a course. To register on-line, go to **www.olliatwvu.org**, then open the “2011 Summer Session Registration Form.” Each participant must submit a separate registration form.

Limits on Class Enrollment

Register soon to reduce the possibility of being waitlisted.

Occasionally, enrollment for a class exceeds the capacity of our classrooms or the instructor’s request. Lab capacity for computer courses is strictly limited. If there is not room for you in a course that you have requested, you will be notified that you have been waitlisted.

Class Location

Be sure to check the location of your class. If the class description indicates Classroom A or B, Morgantown Dance Studio, or OLLI Computer Lab, the class will be at the Mountaineer Mall. A number of classes will be held at other locations this summer, such as the Core Arboretum, the Met Theater, BOPARC’s Wiles Hill Senior Center, the Blanchette Rockefeller Neurosciences Institute, WVU’s Life Sciences Building, Kuehn’s Jewelry Store, Morgantown High School, and the Morgantown Church of the Brethren. If a class is not at Mountaineer Mall, check the class description for the specifics or contact the OLLI Office if you need more information.

Be Sure to Keep a Copy

Be sure to keep a copy of the courses you have requested. You can do this by marking the classes you have selected on the Summer Schedule at a Glance pages, the Class Description section, or the Calendar of Summer Classes found at the end of this catalog. **If you enroll in a class, please consider it a commitment to attend each session if it is at all possible or advise the office if you need to cancel your enrollment.**

Join an OLLI Committee

Curriculum

Chair: Marian Conner

Members help plan and develop course offerings and recruit faculty.

Facilities and Technology

Chair: Alan Keiser

Members assist in the planning and maintenance of the OLLI facilities and technology resources.

Finance

Chair: George Trapp

Members review income and expenses and develop an annual budget.

Membership and Publicity

Co-Chairs: Irving Goodman
& Nancy Wasson

Members assist in the growth of OLLI membership by planning, developing, and implementing marketing strategies.

Nominating

Chair: Carole Boyd

Members propose a slate of candidates from the membership for election to the OLLI Board.

Office Assistants

Chair: Mary Jane Hamilton

Members volunteer in the OLLI office to answer the phone, make copies, and perform various other duties.

Special Events

Chair: Hope Covey

Members organize the Open House for each term and the Annual Membership Meeting.

For more information call 304-293-1793.

The Carl Taylor Chat 'n Chew

A monthly get-together designed for individuals who would enjoy participating in good conversation with friends

Meets the first Monday of each month at 9:00 a.m.
at Shoney's Restaurant on Monongahela Boulevard

Summer Schedule at a Glance

MONDAY

10:00-12:00

1. Mah Jongg for Beginners and Experienced Players (Note: starts at 9:30 a.m., every Monday throughout the year except when BOPARC is closed)
2. Tour of WVU's Herbarium (July 11)
3. Pre-Civil War Medicine: Who Were the Heroes? (July 11)
4. An Introduction to the West Virginia and Regional History Collection (July 18)
5. Stuttering: Realities, Misconceptions, and *The King's Speech* (July 18)
6. Blanchette Rockefeller Neurosciences Institute: A Tour (July 25)
7. Costume Design: How to Develop a Character through Dress (Aug. 1)

12:45-2:45

8. Iris Folding (July 11)
9. Using Fresh Produce to Create a Soup: A Cooking Demonstration (July 11)
10. Beginning and Advanced T'ai Chi (July 11, 18, 25 & Aug. 1)
11. Storytelling Photos (July 11, 14, 18 & 21)
12. The Road to Freedom (July 18)
13. Redistricting in West Virginia: the State Constitution and Women's Representation (July 25)
14. Your Public Library and Electronic Information (Aug. 1)
15. Using Fresh Produce to Create an Entrée: A Cooking Demonstration (Aug. 1)

3:00-5:00

16. Researching Your Family History on the Internet (July 11, 18 & 25)

6:30 p.m.

17. See You at the Movies: a Summer Film Festival (July 11, 18, 25 & Aug. 1)

TUESDAY

10:00-12:00

18. Hearing Loss and Hearing Aids (July 12)
19. Isaac Winston, Jr.: An Unmitigated Rebel (July 12)
20. What Makes a Revolution? (July 19)
21. Glues and Adhesives (July 19)
22. Myers-Briggs Type Indicator: a Self-Learning Tool (July 26)
23. The Greatest Naval Battle of All Time (Aug. 2)

12:45-2:45

24. Gemstones and Jewels: A Reprise (July 12)
25. *Microsoft Office* (July 12)
26. Social Security: More Than Meets the Eye (July 19)
27. The Curios, Collectibles and Antiques Show (July 26 & Aug. 2)

3:00-5:00

28. Great Films of the Old American West (July 12, 19, 26 & Aug. 2)
29. Arabian Nights in Spain (July 19, 26, & Aug. 2)

WEDNESDAY

10:00-12:00

- 30. Not Quite Carefree Perennial Gardening (July 6)
- 31. Special Education Alphabet Soup (ADHD, TAG, LD, Autism Spectrum): What's a Grandparent to Do? (July 6)
- 32. Jewelry Store 101 (July 13, Note: starts at 9 a.m.)
- 33. German Expressionism (July 13 & 20)
- 34. Connecting through the Internet (July 20, 27 & Aug. 3)
- 35. Geocaching (July 20 & 27)
- 36. Development of an Art Museum for West Virginia University (July 27)

12:45-2:45

- 37. The Elections of Abraham Lincoln: American Politics Before, During, and After the Civil War (July 6)
- 38. Posture, Breath and Movement (July 13)
- 39. Rabindranath Tagore Turns 150 (July 13)
- 40. Protecting Yourself from Identity Theft in Everyday Consumer Landscape (July 20)
- 41. Pueblo Indian Views of the Cosmos (July 20)
- 42. Experiencing Chautauqua (July 27)

3:00-5:00

- 43. Change and Motion: Calculus Made Clear (July 6, 13, 20 & 27)
- 44. Hemingway on Writing: The Unpublished Manuscripts (July 27)

6:30

- 45. Bluegrass II (July 6, 13, 20 & 27)

THURSDAY

10:00-12:00

- 46. WVU College Athletes....Role Models? (July 7)
- 47. Effects of Invasive Exotic Organisms on Our Native Flora (July 7)
- 48. Yoga for Seniors (July 7)
- 49. Writing "Retreat" (July 7, 14, 21 & 28)
- 50. WVU Law Students: Representing Underserved Members of the Community (July 14)
- 51. The Coming of the American Revolution, 1763-1775 (July 21)
- 52. See and Feel Hooked Textiles and Rugs (July 28)

12:45-2:45

- 53. Paris and the Beginnings of Modernism (July 7, 14 & 21)
- 54. The Food of Bali: Vegetarian (July 7)
- 55. The Rise and Fall of the Movie Palace (July 28 and Friday, July 29, 10:00-12:00)

3:00-5:00

- 56. Designing Green: the Design Process with a Focus on Sustainability (July 7)
- 57. The Food of Bali: Non-Vegetarian (July 7)
- 58. Family Matters with Long-term Care (July 14)
- 59. Feeding Fido: The Complex Worlds of Canine Nutrition and the Pet Food Industry (July 14)
- 60. Your Memory and Their Memory (July 21)

Class Descriptions

Monday Classes

Monday, 10:00 a.m. – 12:00 noon

1. Mah Jongg for Beginners and Experienced Players

Instructor: Shirley Bellman

BOPARC–Willes Hill Senior Center

Starts at 9:30 a.m. every Monday throughout the year except when BOPARC is closed

Maximum enrollment: 16

The course is open to anyone who wants to learn how to play Mah Jongg or who already has experience with the game.

Shirley Bellman has played Mah Jongg for over 30 years.

2. Tour of WVU's Herbarium

Instructors: Susan Studlar & Rodney Deever

July 11, WVU Life Science Building

Maximum enrollment: 15

This tour will include both the Main Herbarium (vascular plants) and the Bryophyte-Lichen Herbarium. The tour guides will demonstrate how they collect, dry, press, mount, label, and file plants for future study. Selected lichens and mosses will also be on display under microscopes in a laboratory setting to illustrate Bryophyte diversity.

Sue Studlar's childhood love of nature led to a bachelor's degree in biology from Carleton College and a doctorate in botany from the University of Tennessee. Ever since her graduation, and for 18 years at WVU, she has taught botany and conducted research, which currently focuses on mosses of the New River Gorge cliffs. Rodney Deever is a graduate student and interim curator of the Herbarium.

3. Pre-Civil War Medicine: Who Were the Heroes?

Instructor: W. Clarke Ridgway

July 11, Classroom A

This course will describe and demonstrate some of the various treatment modalities used prior to the American Civil War, an era often referred to as the period of heroic medicine.

A native of Wheeling, WV, Clarke Ridgway has practiced pharmacy in retail, hospital, clinic and nursing home settings. In the West Virginia University School of Pharmacy, he has coordinated experiential learning programs, taught in a variety of practice courses, and since 2000 has served as assistant dean for student services.

4. An Introduction to the West Virginia and Regional History Collection

Instructor: Kevin Fredette

July 18, Classroom A

This class will present an overview of the rich and varied holdings of the WVU West Virginia and Regional History Collection. Among the areas included will be manuscripts and archives, photographs, monographs, microfilm, maps, and printed ephemera.

Kevin Fredette has been coordinator for public services at WVU's West Virginia and Regional History Collection since 2007. He was previously head of public services at the WVU Law Library and was in charge of government documents for the WVU Libraries.

5. Stuttering: Realities, Misconceptions, and *The King's Speech*

Instructor: Ken St. Louis

July 18, Classroom B

Stuttering (what causes it, who stutters, how it is treated, and why it remains) is a fascinating enigma. The recent movie, *The King's Speech*, will be used to illustrate several of these concepts and to encourage participant interaction and questions.

Ken St. Louis, a mostly recovered stutterer, is a board-recognized specialist in fluency disorders and professor of speech/language pathology. He has published numerous articles, chapters, and books in the areas of stuttering and cluttering and presented his research to local, state, national, and international audiences.

6. Blanchette Rockefeller Neurosciences Institute: A Tour

Instructor: Robert Bragg

July 25, Blanchette Rockefeller Neurosciences Institute, Lobby

During a tour of the Blanchette Rockefeller Neurosciences Institute (BRNI), participants will receive an overview of the research performed there. Founded by the Rockefeller family in 1999, BRNI is a unique research medical institute dedicated to the study of memory disorders, including Alzheimer's disease, stroke, traumatic brain injury, and other related dementias.

Bob Bragg is responsible for raising private charitable contributions in support of BRNI. Born in Morgantown, Bragg grew up in Oberlin, Ohio, and Williamsburg, Virginia, and holds degrees from Virginia Tech and the College of William and Mary. Prior to coming to BRNI, Bragg served as the director of development for the WVU College of Engineering and Mineral Resources.

7. Costume Design: How to Develop a Character through Dress

Instructor: Mary McClung

August 1, Classroom B

The class will begin with samples of designs from various productions and will expand into the work that a costume designer does and how decisions are made to develop the character visually.

Mary McClung is the associate professor of costume design and costume director at WVU. Before teaching, she was the artist director for a company specializing in custom puppet productions for television, theme parks, and video that led her to work for organizations such as Disney, Sea World, Busch Gardens, and the Children's Television Workshop.

Monday: 12:45-2:45

8. Iris Folding

Instructor: Larry Buchman

July 11, Classroom A

Maximum enrollment: 12

Materials fee: \$5.00

Using origami techniques, participants in this session will learn to fold paper irises and explore how to use them in decorative ways. Participants should bring scissors, scotch tape, lightweight decorative paper (such as giftwrap, origami paper, etc.) and card stock for card making.

Larry Buchman is a New Jersey native and holds a master's degree from WVU. He taught art for many years in the Monongalia County Schools.

9. Using Fresh Produce to Create a Soup: A Cooking Demonstration

Instructor: Chris Hall

July 11, Classroom B

An experienced chef will show participants how to use fresh produce to produce a healthy soup. The demonstration will feature simple, quick, "good for you" food that is low in calories and salt.

Chris Hall runs a small cooking school in Morgantown where people are offered hands-on cooking instruction. He has 15 years of restaurant experience. He also was a personal chef for 3 years and an instructor for 4 years. A retired military officer, Chris says “This is what I do in my ‘golden’ years.”

10. Beginning and Advanced T'ai Chi

Instructor: Sheila Logar

July 11, 18, 25 & Aug. 1, 12:45-1:45, Morgantown Dance Studio (or alternative location in good weather at instructor's discretion)

Maximum enrollment: 30

This course is for beginning and advanced students of T'ai Chi, part of traditional Chinese medicine and holistic (body, mind, and spirit) in its approach to improving health. Disclaimer: Due to the physical demands of this course, individuals with the following medical conditions should exercise their own judgment in signing up for it: 1. Neck pain 2. Shoulder pain (in either shoulder) 3. Back pain 4. Hip pain 5. Knee pain 6. Hand pain.

Sheila Logar received a PhD from the University of London in physical therapy and a doctorate in traditional Chinese medicine from the British College of Traditional Chinese Medicine. She is an experienced clinician, teacher, and administrator and is on the OLLI at WVU Honor Roll for instructors.

11. Storytelling Photos

Instructor: Earl N. Straight, Jr.

July 11, 14, 18 & 21

(both Mondays and Thursdays for two weeks)

Morgantown High School Computer Lab

Maximum enrollment: 15

Materials fee: There will be a small fee to cover the cost of getting one color print done and a mat/mounting board.

This digital class will help any level photographer improve his/her storytelling photographs. The class will focus on the areas of photo composition, camera settings (F-stop, shutter speeds, etc.), lenses, and some editing. Students will shoot and edit some of their homework. The class will also do some group editing.

One of Earl Straight's greatest loves is photojournalism. He finds being able to capture storytelling photographs priceless and exciting. Last fall, he took a landscape photography class in Wales and, from that experience, published his first photography book. He recently retired after teaching journalism and advising publications for 36 years at Morgantown High School.

12. The Road to Freedom

Instructor: Connie Park Rice

July 18, Classroom A

This course examines the lives of black West Virginians in the years leading up to the Civil War. Their quest for freedom and equality and their economic, political, and social position after the war will be examined.

Connie Rice has a doctorate in Appalachian Regional History with an emphasis on African-American history. She has been a lecturer in the history department at WVU.

13. Redistricting in West Virginia: the State Constitution and Women's Representation

Instructor: Barbara Evans Fleischauer

July 25, Classroom A

This course will examine the state and federal underpinnings of redistricting, including the specific language relating to county boundaries, as well as research on the effects of changing from multi-member to single-member districts on women's representation in state legislatures. The general process will be explained as well as resources available to citizens who are interested in being involved.

Barbara Fleischauer is an attorney and 15-year member of the West Virginia House of Delegates representing Monongalia County. Redistricting is governed by the state and federal constitutions and happens every 10 years. Barbara served on the redistricting committee the last time the WV Legislature decided the boundaries for state and federal legislative districts.

14. Your Public Library and Electronic Information

Instructors: Kelly Funkhouser and Bonnie Dwire

August 1, Computer Lab

Maximum enrollment: 16

Books come in different formats today, and ways to locate resources are also quickly changing. As electronics become more and more a norm, the library has responded. This class will offer a hands-on introduction to the changes the local public library has made in response to the technological changes of the world.

Kelly Funkhouser and Bonnie Dwire both work at the downtown public library and frequently respond to requests for information sessions about the Morgantown Public Library System. They provide outreach education programs to the community to enhance library usage.

15. Using Fresh Produce to Create an Entrée: A Cooking Demonstration

Instructor: Chris Hall

August 1, Classroom B

An experienced chef will show participants how to use fresh produce to produce a healthy entrée of either lean meat or fish. The demonstration will feature simple, quick, “good for you” food that is low in calories and salt.

Chris Hall runs a small cooking school in Morgantown where people are offered hands-on cooking instruction. He has 15 years of restaurant experience. He also was a personal chef for 3 years and an instructor for 4 years. A retired military officer, Chris says “This is what I do in my ‘golden’ years.”

Monday: 3:00-5:00

16. Researching Your Family History on the Internet

Instructors: Frances Van Scoy, Carol Mills & Joan Gibson

July 11, 18, & 25, OLLI Computer Lab

Maximum enrollment: 16

This introduction to genealogical research emphasizes the use of reliable on-line resources. Topics include organizing research, using the U.S. census records, accessing vital records, exploring online collections of books, using web pages as sources of hints, and planning trips to libraries and courthouses. Students are asked to bring to the first class meeting as much information on their grandparents as possible (dates and places of birth, death, and marriage) and a specific genealogical problem they’d like to solve.

Frances Van Scoy has been researching the history of her family for over 50 years. She enjoys helping people discover ancestors, previously unknown to them, who assisted in the cause of American Independence and documenting their lines. In her genealogical research, she uses a mix of traditional courthouse and library resources and online resources. She will be assisted by Carol Mills and Joan Gibson.

Monday: 6:30 p.m.

17. See You at the Movies: a Summer Foreign Film Festival

Instructors: Sharon Goodman and Gwen Rosenbluth

July 11, 18, 25 & August 1, Classroom A

Movies will start at 6:30 p.m. but will vary in length, with some lasting for more than two hours.

Selected award-winning films with English subtitles will be shown at an early summer start time. Check the Friday OLLI bulletin during July to read about the featured movie that will be shown the following Monday. Complimentary bags of popcorn will be provided.

Sharon Goodman is an abstract artist. She is a film enthusiast and has enjoyed good films - foreign and domestic - for over 50 years. Gwen Rosenbluth is a retired 30-year veteran secondary English teacher. During her retirement these past ten years, she has enjoyed attending annual international foreign film festivals.

Tuesday Classes

Tuesday, 10:00 a.m. – 12:00 noon

18. Hearing Loss and Hearing Aids

Instructor: Mary Paul

July 12, Classroom A

An overview of the types of hearing loss will be presented and current hearing aid technology will be described and illustrated. Strategies for managing hearing loss will also be suggested.

Mary Paul is originally from New Jersey but has lived in West Virginia for thirty years. She received her master's degree from the State University of New York at Buffalo and worked at Strong Memorial Hospital in Rochester, NY, before moving to Morgantown, where she has been in private practice for 28 years.

19. Isaac Winston, Jr.: An Unmitigated Rebel

Instructor: Anthony Winston

July 12, Classroom B

During the Civil War, the possessions of both Isaac Winston, Jr., of Tusculumbia. Alabama, and his father were confiscated by Union forces in order to sustain their troops. The saga of this incident is revealed through original letters written by the participants at the time of the action. Pictures of the participants and accompanying documents will be shown and the original Daguerreotypes of the participants will be on display. Isaac Winston, Jr., is Tony Winston's great grandfather.

Anthony Winston, professor emeritus, joined WVU's Chemistry Department in 1959 and taught chemistry for 33 years. Since retiring in 1992, his interest has focused on photography. He has received many awards in international and local competitions and presents slide and power point programs on wildflowers and West Virginia nature for local organizations.

20. What Makes a Revolution?

Instructor: Barbara Rasmussen

July 19, Classroom B

It's one thing to make a revolution, and another thing to keep it. How did America secure its revolution? This round table discussion will look at the nature of the American Revolution and discuss what went right and why.

Barbara Rasmussen has taught American history and Appalachian history since 1990. She is a native West Virginian with a professional interest in the state's early history.

21. Glues and Adhesives

Instructor: Earl Melby

July 19, Classroom A

In this class, participants will learn about the many glues/adhesives that are used for household and industrial applications. Recommendations will be made for the best adhesive to use for bonding different surfaces and the best techniques for removal of labels/stickers. The history of the development and use of adhesives will also be presented.

Earl Melby has extensive experience with plastics, rubber, adhesives, and coatings from his years working at Case Western Reserve University, the University of Akron, Union Carbide, and General Tire. Recently, he retired as Technical Director of Dyna-Tech, a major manufacturer of adhesives located in Grafton, WV.

22. Myers-Briggs Type Indicator: a Self-Learning Tool

Instructor: Richard Iammarino

July 26, Classroom A

The Myers-Briggs Type Indicator is a free test, available on-line at <http://www.humanmetrics.com/cgi-win/JTypes1.htm>, which helps one learn about oneself in personal interactions, learning style, decision making, and life organization. **Prior to attending this class**, participants should go on-line, take the test, record the score by writing down the four letters and the percentage score for each, and bring the results to class. The instructor will help participants to interpret their results and discuss the ambiguity of some questions and the phenomena of "false" results.

Richard Iammarino says that he has a strong interest in keeping active and alert in current events, politics, and spiritual growth.

23. The Greatest Naval Battle of All Time

Instructor: Leo Horacek

August 2, Classroom A

Samuel Eliot Morison describes the autumn 1944 Battle of Leyte Gulf, the last big naval battle of WWII, as “the greatest naval battle of all time.” Both Japan and the US entered this battle to establish once and for all the dominance of the Pacific Ocean. It was a furious and energetic conflict, filled with heroism, noble actions, and blunders. The outcome of the Pacific War depended to a large degree on the outcome of this battle.

Leo Horacek is Professor Emeritus of Music at WVU and an enthusiastic historian of World War II military history. He is on the OLLI at WVU Honor Roll for instructors. This is the 45th class he has taught for OLLI.

Tuesday: 12:45-2:45

24. Gemstones and Jewels: A Reprise

Instructor: Carole B. Boyd

July 12, Classroom A

This course will review the lectures on gemstones and jewels given previously and suggest some new information that might be of interest for future lectures. Experience and/or detailed knowledge of jewelry is not required. Students may just enjoy the sparkle of the jewels and marvel at the beautiful photos.

Carole Boyd received undergraduate and medical degrees in Michigan before coming to West Virginia University Medical School to teach and practice pathology. A lifelong interest in history led to the pursuit of a master’s degree in history. She has taught several classes (history, pathology, genetics, art history, gems, and chocolate) for OLLI, serves on the OLLI Board of Directors, and is an office volunteer.

25. Microsoft Office

Instructor: Margaret Mackenzie

July 12, Computer Lab

Maximum enrollment: 8

Microsoft Office will provide the setting for exploring Excel, Word, presentations, how to transfer pictures, how to transfer files, and record-keeping.

Margaret Mackenzie is retired from Deloitte and Touche in Washington, DC. She is proficient in Windows 95/98/XT/Vista, Windows Office 98/2003/2008 and Microsoft Word, Excel, Powerpoint, and Tools. She has also completed all the SAP in Integrated Software Solutions.

26. Social Security: More Than Meets the Eye

Instructors: Brian Kurcaba, Dave Havern, Joey Herron

July 19, Classroom A

Key facts about the Social Security program will be examined, including benefits calculation, the best time to file, benefits earned while working, provisional income and tax implications, and options for spouses and ex-spouses.

Brian Kurcaba is a lifelong resident of Morgantown with undergraduate and graduate degrees from WVU. He has been a financial advisor with Edward Jones for 8 years and is on the OLLI at WVU Honor Roll for instructors. Dave Havern is divisional sales director for Protective Life. Joey Herron is with the Social Security Administration.

27. The Curios, Collectibles and Antiques Show

Instructor: Joanna Ham

July 26 & Aug. 2, Classroom A

Participants will share with friends at OLLI a painting, vase, small statue, porcelain, rare coin, or other treasured item that they may have inherited or collected. They should be prepared to give the provenance of the item and its history, if known.

Joanna Ham has inherited a varied collection of antiques from her family in England and collects papier-maché figures and modern watercolors by women. She enjoys sharing her “finds” and hearing about similar acquisitions by other OLLI members.

Tuesday: 3:00-5:00

28. Great Films of the Old American West

Instructor: Clyde H. Richey

July 12, 19, 26 & Aug. 2, Classroom A

The Old West of outlaws, cattle drives, stagecoaches, and the Pony Express lasted for only a very brief period in American history, yet thousands of films depict this era. Among the best were the three films to be shown in this class: *High Noon*, *Shane*, and *Lonesome Dove*.

Clyde Richey has viewed numerous early outstanding American films as well as movies set in other countries and cultures. He has done college-level teaching and has written and directed outdoor historic productions. He is on the OLLI at WVU Honor Roll for instructors.

29. Arabian Nights in Spain

Instructor: E. Paulette Metcalf

July 19, 26, & August 2, Classroom B

This course will focus on the history of the Moors in Spain, their influence on Spanish architecture, art, music, and language, and their contributions to European culture.

Paulette Metcalf was a Spanish teacher for 40 years. She has often traveled to Spain and has a long-time interest in the Moorish period of Spanish history and the influence of the Moors on the art, architecture, language, and culture of Spain.

Wednesday Classes

Wednesday, 10:00 a.m. – 12:00 noon

30. Not Quite Carefree Perennial Gardening

Instructors: Bill and Emilie Johnson

July 6, Classroom B

Participants will learn how to use perennial plants to make their gardens less work and more fun and how to have bloom through the full gardening season. Shade gardening, native plants, and deer-resistant gardening will be discussed.

Bill and Emilie Johnson have been gardening for 35 years while living in several states. They are both active Mon County Master Gardeners and are on the Board of the West Virginia Botanic Garden. Their garden in Morgantown was featured in the Gardens of the Mon tour in 2009.

31. Special Education Alphabet Soup (ADHD, TAG, LD, Autism Spectrum): What's a Grandparent to Do?

Instructors: Luise Savage & Lisa Ganier

July 6, Classroom A

A short overview of special education categories and state regulations for obtaining educational services will be presented. Some simulation activities and practical instructional strategies useful to adults helping with homework will be experienced.

Luise Savage is a retired member of WVU's special education faculty and was a school psychologist for WVU's Klingberg Neurodevelopmental Center. Lisa Ganier, a school psychologist for Monongalia County Schools, has received training in ADOS (Autism Diagnostic Observation System.)

32. Jewelry Store 101

Instructors: Jessica Kuehn Dunlevy & Harri Kuehn Joseph

July 13, **Note: starts at 9:00 a.m.**

Kuehn Jewelry Store, 320 High St.

General information about jewelry, diamonds, and fine stones will be reviewed. Participants will be able to ask questions about repairing, remounting, and designing jewelry. Also, information about what and what not to let go of when selling gold will be discussed.

Jessica Dunlevy and her sister, Harri Kuehn Joseph, own and operate a full-service jewelry store that focuses on diamonds and fine jewelry. They repair jewelry with their laser and shop equipment and design and remount jewelry.

33. German Expressionism

Instructor: Marian J. Hollinger

July 13 & 20, Classroom A

This short course will consider the political, social and literary basis for the German Expressionist movements: *The Bridge* and *The Blue Rider*. The visual examples will be set against this historical context.

Marian Hollinger began her career in art history as a Modernist and marched steadily back in time, to the thirteenth century. Many of her research areas remain in *Modernism*.

34. Connecting through the Internet

Instructor: John Oughton

July 20, 27, & Aug. 3 (Aug.3 is after the regular OLLI summer session)

Computer Lab

Maximum enrollment: 16

Social networks, blogs, video conferencing and news sources are among the various aspects of the Internet covered in this course. This will be a hands-on workshop, which will require active participation using various tools that will be discussed in order to gain familiarity with them.

John Oughton is an eLearning specialist and adjunct professor of Curriculum & Instruction at West Virginia University. He has taught at various levels of education for 20 years.

35. Geocaching

Instructor: George Lilley

July 20 & 27, Classroom B for first session

Location of second session will be announced by the instructor

Maximum enrollment: 10

At the first session, participants will learn, in a classroom setting, about the fun of Geocaching. At the second session, they will experience the thrill of Geocaching by going into the field to actually seek and find hidden treasures! Class members with GPS equipment should bring them and know how they work.

George Lilley is a retired behavioral health care administrator who has been Geocaching for many years and enjoys the opportunity to share the experience with others.

36. Development of the Art Museum at West Virginia University

Instructor: Joyce Ice

July 27, Classroom A

The class will discuss the components of planning and developing a new university museum: mission, collections, facility planning, educational programs, and fund-raising. Students will learn about professional standards and best practices in the museum field.

Joyce Ice returned to Morgantown in 2009 to develop an art museum for West Virginia University, her alma mater. Previously, she was the director of the Museum of International Folk Art in Santa Fe, NM, for nine years. At WVU, she was project director for a 5-day Teacher Institute for middle and high school teachers of art, English and social studies in summer 2010 and has organized a membership group, Friends of the Art Museum at West Virginia University.

Wednesday: 12:45-2:45

37. The Elections of Abraham Lincoln: American Politics Before, During, and After the Civil War

Instructor: Kenneth C. Martis

July 6, Classroom A

Kenneth C. Martis is co-author of the *Historical Atlas of United States Presidential Elections: 1788-2004*. Maps from this atlas will be used to explain the rise of the Republican Party in the mid 1850s, the elections of Abraham Lincoln in 1860 and 1864, and the dominance of the Republican Party in the Reconstruction Era.

Kenneth C. Martis has taught geography at West Virginia University for over thirty-five years and is the author or co-author of six award-winning books on the United States Congress, American politics, and presidential elections. He was named the first WVU Benedum Distinguished Scholar and recently was recognized as the College of Arts and Sciences and University Teacher of the Year and designated the West Virginia Professor of the Year by the Carnegie Foundation.

38. Posture, Breath and Movement

Instructor: Julie Pascoe

July 13,
Classroom B

This class will provide background and instruction on three fundamental human activities that enhance health and satisfaction for older people. Participants will learn the importance of attending to posture, breath, and movement dynamics throughout the day and how this can lead to a difference in not only how one feels about oneself, but also how it affects wider interactions.

Julie Pascoe is a fitness specialist at HealthWorks Rehab and Fitness where she teaches fitness foundations, wise exercise for osteoporosis and osteopenia, and wise exercise for balance training; she also offers personal training.

39. Rabindranath Tagore Turns 150

Instructor: Sumitra Reddy

July 13, Classroom A

Nobel Prize winner Rabindranath Tagore was born in 1861 in Calcutta and is known mainly for his poetry. But Tagore was also a dramatist, short story writer, novelist, educator, essay-writer, painter, and a composer of two thousand plus songs, including the national anthems of India and Bangladesh. This class will look at his extraordinary life and examples of his works.

Sumitra Reddy grew up in Calcutta, India, before coming to the United States for graduate studies. She enjoys reading Tagore in the original Bengali and listening to the songs composed and set to music by Tagore.

40. Protecting Yourself from Identity Theft in the Everyday Consumer Landscape

Instructor: Christopher Hedges

July 20, Classroom A

This session, offered by the West Virginia Attorney General's office, will educate consumers on ways to protect themselves against identity theft and similar frauds. As banking and commerce modernize, consumers need to be aware of new risks in their everyday purchases, banking, and home-document management.

Chris Hedges is a senior assistant attorney general at the Consumer Protection Division of the Attorney General's Office, where he has worked since 2001. Chris's work at the Attorney General's office focuses chiefly on issues related to new and used vehicles, funeral home regulation, credit issues, debt collection, and home improvement fraud.

41. Pueblo Indian Views of the Cosmos

Instructor: Stephen McCluskey

July 20, Classroom B

The astronomical practices of the Puebloan peoples of the Southwest and how their astronomy influenced and reflected their view of the Cosmos will be discussed.

Steve McCluskey is professor emeritus of history at WVU. He has studied how astronomy is practiced in a range of traditional cultures, ranging from the Native American Southwest to Medieval Europe.

42. Experiencing Chautauqua

Instructors: Janes Benner, Jim Held and a small panel of OLLI members

July 27, Classroom A

With its wide variety of intellectual, spiritual, cultural, and recreational offerings, the Chautauqua Institution in western New York has attracted thousands to its lovely campus for more than a hundred years. Participants will learn about Chautauqua's past and hear about the experiences of OLLI members who have participated in the enriching summer programs in more recent years.

James Benner, well-known to OLLI members for his opera classes, taught in Chautauqua's Young Artists Training programs for a number of years. James Held, known for his drama classes in OLLI, is an enthusiastic participant in Chautauqua.

Wednesday: 3:00-5:00

43. Change and Motion: Calculus Made Clear

Instructor: Butch Neal

July 6, 13, 20 & 27, Classroom A

This class will illustrate the basics of calculus for the layperson .

Butch Neal is an engineer with a background in computer software systems engineering that has focused on software measurement. He has a bachelor's degree and a master's degree from WVU and a doctorate from Virginia Commonwealth University. He has been a consultant for NASA and was the founding member of Augusta Computer Services.

44. Hemingway on Writing: The Unpublished Manuscripts

Instructor: Frank Scafella

July 27,
Classroom B

The unpublished manuscripts in *The Hemingway Collection* (JFK Library, Boston) dwell extensively on the art of narrative, often in very surprising terms: narrative as a mode of showing "what passes for the human soul," for example, or as a mode of "death" for the writer in order that the book may "live." Extensive examples will be presented for class discussion.

Prior to class participants should read *The Garden of Eden* by Ernest Hemingway.

Frank Scafella's interest in Ernest Hemingway began in graduate school and continued through courses he taught at WVU and a sabbatical at the Hemingway Collection in Boston. In 1988 he chaired an international conference in Austria on the life and work of Hemingway.

Wednesday: 6:30

45. Bluegrass II

Instructor: Joseph A. Paull

July 6, 13, 20, 27, Classroom A

Live performers will highlight this evening course, a follow-up to the first bluegrass class but open to people who are attending for the first time. The course content will involve both recorded and live music. While this course will be a bit more technical than the first one, the main goal will still be appreciation of the music.

Joe Paull began teaching science and mathematics in the public schools in 1960. He has been a NASA lecturer and has taught in the graduate school at WVU. Bluegrass and old-time music are special avocations.

Thursday Classes

Thursday, 10:00 a.m. – 12:00 noon

46. WVU College Athletes....Role Models?

Instructor: Carolyn Peluso Atkins

July 7, Classroom A

Carolyn Atkins will share her journey as a speech professor working with WVU student-athletes: the stereotypes, the stories, the lessons, the results, the comments, and the transformation.

A CASE Professor of the Year, Dr. Atkins is most recognized as the creator of "Student Athletes Speak Out," a service-based program involving WVU student-athletes. She developed a website (<http://saso.wvu.edu>), sent character education DVDs to all middle schools in West Virginia, and published *Great Unexpectations: Lessons from the Hearts of College Athletes* (which can be obtained the day of the class for \$10.00, if desired).

47. Effects of Invasive Exotic Organisms on Our Native Flora

Instructor: Jon Weems

July 7, WVU Core Arboretum

Maximum enrollment: 20

The past, present, and future impacts of exotic fungi, insects, and plants on native vegetation and the means of limiting their adverse impacts will be discussed and observed. The class will meet outdoors at WVU's Core Arboretum. In case of thunder and lightning on the scheduled morning, the class will meet the following Monday, July 11, at 10:00 a.m..

A native of New England and a West Virginian since 1972, Jon has worked at the Core Arboretum since 1977. Limiting the adverse impacts of invasive exotic plants has become the most important and most time-consuming aspect of his work.

48. Yoga for Seniors

Instructor: Laura Blanciforti

July 7, Morgantown Dance Studio

Maximum enrollment: 30

This class will focus on seniors attempting to practice yoga for the first time. Asanas (Sanskrit for “poses”) will include basic and gentle poses ideal for older people who may require more assistance. Participants should bring blocks, a blanket, and/or a personal mat.

Laura Blanciforti has been practicing yoga since 1974 and is a certified yoga teacher. She believes the health benefits of yoga are astounding but only with instruction and good practice.

49. Writing “Retreat”

Instructor: Rae Jean Sielen

July 7, 14, 21 & 28, Classroom B

Maximum enrollment: 8

This course will provide a quiet, comfortable supportive environment for OLLI members who are having a hard time finding time to write whether on a life story, novel, poetry, thank you note, or letter. The instructor will be writing, too, but will help when needed. Participants should bring paper, pen, laptop, etc. There will be at least 1.5 hours of quiet writing time during each session.

Rae Jean Sielen is passionate about helping others preserve their family and personal stories. She is president of Populore Publishing Company, located in Westover, WV. She is a graduate of the University of California - Santa Cruz and the University of Washington.

50. WVU Law Students: Representing Underserved Members of the Community

Instructor: Marjorie McDiarmid

July 14, Classroom A

The services provided by WVU’s Clinical Law Program will be described, with particular emphasis on the work of the WVU Innocence Project.

Prior to coming to the WVU College of Law, Marjorie McDiarmid, the director of WVU’s clinical law program, practiced law for sixteen years. Approximately ten years ago, WVU began an Innocence Project in conjunction with the clinic. She is a tenured member of the faculty and has directed the clinic since 1988.

51. The Coming of the American Revolution, 1763-1775

Instructor: Tyler Boulware

July 21, Classroom A

This class will look at the interwar years, from 1763 to 1775, to understand how and why the American colonies broke away from England. It will examine British policies, colonial responses, and the key moments that led to the dismantling of the First British Empire.

Tyler Boulware is an assistant professor of history at WVU. He teaches courses in early American history with an emphasis on frontiers, empires, and Native Americans. His book, published in March 2011, is titled *Deconstructing the Cherokee Nation: Town, Region, and Nation among Eighteenth-Century Cherokees*.

52. See and Feel Hooked Textiles and Rugs

Instructor: Melinda Russell

July 28, Classroom A

Many people think of hooked rugs as the staid florals that decorated Grandmother's bedroom floor or recall a 1970s experience filling a plastic webbing with factory-cut lengths of nylon yarn. The instructor will present photographic examples of the finest rugs, both past and present, to illustrate the rich possibilities of this medium.

A retired lawyer, Melinda Russell is active in the national rug hooking community and hopes to spend the next 30 years making one or more great rugs. Using a simple hook, she pulls strips of wool fabric through a linen foundation, all the while solving problems of color, line, and form.

Thursday: 12:45-2:45

53. Paris and the Beginnings of Modernism

Instructor: James Benner

July 7, 14, 21, Classroom A

Designed around the PBS documentary *Paris: The Luminous Years*, this class will examine in three sessions the crucial years between 1905 and 1930 when Paris was the center of development for the avant-garde in all the arts of western civilization.

James Benner is Professor Emeritus in the Division of Music at WVU. Mr. Benner was a noted pianist and vocal coach in New York City before joining the WVU faculty. At WVU, he has prepared, directed, and conducted 34 different operas. He is on the OLLI at WVU Honor Roll for instructors. This is the 50th course he has taught for OLLI.

54. The Food of Bali: Vegetarian

Instructor: Erik Yoder

July 7, Morgantown Church of the Brethren Kitchen, 464 Virginia Avenue

Maximum enrollment: 12

Materials fee: \$10.00

This class will introduce participants to the most beloved flavors and fragrances of this cuisine. Participants will prepare a vegetarian meal and enjoy it together. The class will take place at the Morgantown Church of the Brethren kitchen.

Erik Yoder has a degree in culinary arts. He has taken different cooking classes in Bali since his first visit there as a teenager.

55. The Rise and Fall of the Movie Palace

Instructor: James D. Held

July 28, 12:45-2:45 and Friday, July 29, 10:00 a.m.

Classroom A for first session; Met Theater for second session

Lavish picture palaces were built all over America from the 1920s to the 1930s. At the first session, this class will examine this history with many visuals, a Smithsonian film about these “Dream Palaces,” popcorn, and “Mighty Wurlitzer” music. On the following morning at 10 a.m., participants will meet on High Street at the Metropolitan Theatre for the second session, where they will tour the theater and share their memories.

Jim Held has been on the WVU faculty since 1980, teaching scene design, theatre history and literature, world theatre, and graduate seminars. He has directed or designed nearly 40 productions for WVU or professional theaters. He is on the OLLI at WVU Honor Roll for instructors.

Thursday: 3:00-5:00

56. Designing Green: the Design Process with a Focus on Sustainability

Instructor: Megan Nedzinski

July 7, Classroom A

The instructor will introduce and explain the basic design process while describing how various aspects of sustainability can enhance the performance, efficiency, and overall success of a project. The session will scrutinize various architectural examples and present a case study to demonstrate the process and resulting product.

Megan Nedzinski is an architect with extensive design experience and hands-on building experience that has focused on sustainable solutions for the environment. Her portfolio of built-work ranges from the use of conventional building methods to alternative natural building solutions, and innovative technologies focused on small-scale construction projects.

57. The Food of Bali: Non-Vegetarian

Instructor: Erik Yoder

July 7, Morgantown Church of the Brethren Kitchen, 464 Virginia Avenue

Maximum enrollment: 12

Materials fee: \$10.00

This class will introduce participants to the most beloved flavors and fragrances of this cuisine. Participants will prepare a non-vegetarian meal and enjoy it together. The class will take place at the Morgantown Church of the Brethren kitchen.

Erik Yoder has a degree in culinary arts. He has taken different cooking classes in Bali since his first visit there as a teenager.

58. Family Matters with Long-term Care

Instructor: Brian Kurcaba

July 14, Classroom A

For many people, discussing long-term care can be an uncomfortable topic. However, creating a long-term care strategy can help to protect one's family from future financial burden. This class will examine common funding options to provide high-quality long-term care, the role of long-term care insurance, and how to control where and how one receives long-term care services.

Brian Kurcaba is a lifelong resident of Morgantown with undergraduate and graduate degrees from WVU. He has been a financial advisor with Edward Jones for 8 years.

59. Feeding Fido: The Complex Worlds of Canine Nutrition and the Pet Food Industry

Instructors: Jody Messinger Wolfe & Kelley J. Owen

July 14, Classroom B

Massive 2007 recalls of pet food alerted the world to problems in the pet food industry. Has anything changed since then? This session will cover the latest knowledge in dog nutrition and present the current practices and trends in pet food to help pet owners make choices that support a pet's well-being and longevity.

Jodie Wolfe opened *Woofs* 16 years ago to provide this area with natural foods and wellness-related services and products for dogs. She is an expert in canine nutrition and holistic wellness options for dogs. A former WVU College of Human Resources & Education faculty member, she is also a Reiki master teacher who teaches and uses this alternative healing approach with dogs. Kelley J. Owen is a doctor of veterinary medicine.

60. Your Memory and Their Memory: “I’ll Never Forget Good Old What’s His Name.”

Instructor: Richard T. Walls

July 21, Classroom A

This is not one of those workshops that promises to give you a fantastic memory. It will help participants, however, to understand why people remember and forget information and to organize information for effective storage and retrieval using STM and LTM encoding strategies.

Dick Walls is a WVU professor who teaches courses on learning, instruction, and memory. He has published more than 100 journal articles and book chapters and has received many awards, including the distinguished scholar award in the Behavioral Sciences at WVU.

Calendar of Summer Classes

Once you have selected the class or classes for which you intend to register, you might find it helpful to see what other classes are being offered on the same day. You might be interested in staying for the next class or coming a bit earlier and attending a class in the previous time slot.

Below is a calendar that indicates which classes are being held on each day of the Summer Session and the time of each session. The numbers in the boxes correspond to the assigned number of each class (see Class Descriptions or Summer Schedule at a Glance).

	10:00-12:00	12:45-2:45	3:00-5:00	6:30 p.m.
July 6 (Wed.)	30, 31	37	43	45
July 7 (Thurs.)	46, 47, 48, 49	53, 54	56, 57	
July 11 (Mon.)	1*, 2, 3	8, 9, 10*, 11*	16	17
July 12 (Tues.)	18, 19	24, 25	28	
July 13 (Wed.)	32*, 33	38, 39	43	45
July 14 (Thurs.)	49, 50	11*, 53	58, 59	
July 18 (Mon.)	1, 4, 5	10*, 11*, 12	16	17
July 19 (Tues.)	20, 21	26	28, 29	
July 20 (Wed.)	33, 34*, 35	40, 41	43	45
July 21 (Thurs.)	49, 51	11*, 53	60	
July 25 (Mon.)	1, 6	10*, 13	16	17
July 26 (Tues.)	22	27	28, 29	
July 27 (Wed.)	34*, 35, 36	42	43, 44	45
July 28 (Thurs.)	49, 52	55*		
Aug.1 (Mon.)	1, 7	10*, 14, 15		17
Aug. 2(Tues.)	23	27	28, 29	

* Check the "Class Description" for a variation in meeting times and/or dates.

Sessions usually last for two hours, but the evening sessions may exceed the usual two-hour limit.