



GERIATRIC CARE

Aging sometimes means an increased potential for illness and health issues. At WVU Medicine, our caring team of board-certified geriatricians provides high-quality care for adults aged 60 and up.

With our team approach to senior health, we'll work with you and your family or caregivers to prevent, diagnose, and treat diseases and possible disability that may occur with aging.

For an appointment:

855-WVU-CARE



WELCOME TO FALL AT THE OSHER LIFELONG LEARNING INSTITUTE AT WVU



As autumn arrives and brings with it a season of reflection and renewal, we invite you to make the Osher Lifelong Learning Institute at WVU your third place—a space for curiosity, connection, and community.

Traditionally, a "third place" is the welcoming spot outside of home and work where people gather, build relationships, and engage with the world. For those who are retired and no longer tied to a workplace, the third place often becomes the

place—a vital source of purpose, identity, inspiration, and human connection.

At OLLI, we embrace that role. We offer more than just classes—we offer opportunities to stay engaged, meet new people, spark new interests, and keep learning for the joy of it. This fall, you'll find a wide variety of in-person, online, and hybrid courses and activities, including a growing number scheduled after 5:00 p.m. and on weekends, for those still working or balancing full days.

Whether you're here to explore something new, return to a longtime passion, or simply be among thoughtful, curious people, we hope you'll see OLLI as your third place—a place where you feel welcome, valued, and inspired.

We're glad you're here. Let's keep learning together.

Jasceno Hais A

Jascenna Haislet *Director*Osher Lifelong Learning

Osher Lifelong Learning Institute at WVU





DISCOVER. CONNECT. THRIVE.

WHAT PEOPLE ARE SAYING

"OLLI has enriched my life. I love the opportunity to expand what I do know and to discover new things. I like that I feel that I am part of a community, not just a student."

"I've made new friends and network with community members who are passionate about learning. The opportunity to teach or coordinate a class is an excellent way to structure my own learning. Thank you!"

"I had fun learning about local history."

"It's just such a good venue for courses that ordinarily I probably would not have been seeking information about. A lot of the courses are very unique."

LIFELONG LEARNING, LASTING FRIENDSHIPS



OLLI at WVU

Looking for a vibrant, welcoming community of adults 50 and older? At the Osher Lifelong Learning Institute at WVU, you'll **DISCOVER** new knowledge, **CONNECT** with new friends, and **THRIVE** through lifelong learning inside and outside the classroom.

BENEFITS OF MEMBERSHIP

- Free and discounted events
- Travel opportunities
- Shared interest groups
- · "Ask a Geek" tech help
- A voice in OLLI governance
- Lifelong learning and community

NEED HELP WITH COSTS?

Applications for financial assistance are confidential and easy to complete – ask at the OLLI office or visit *olliatwvu.org/get-involved/scholarships.*

For details about membership and term costs, payment options, how to join, and registering for classes, see Program Information, Policies, and Assistance, pages 27-28.

STANDARD MEMBERSHIP

- Annual fee: \$30
- Per-term enrollment fee: \$40*
 *Pay the term fee only when you register for classes.

BROWSE WHAT'S HAPPENING THIS FALL!

- At-a-glance schedules: pages 4 9
- Member events and Shared Interest Groups: pages 10-111
- Class descriptions: pages 12 25
- International travel opportunities: page 26-27
- OLLI After Hours and community events: page 28

Join today at olliatwvu.org!



OLLI ADVISORY COUNCIL 2025-26

Joyce Bower

Kerry Harbert

Kathryn Kay

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Joanna Lowley

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WVU School of Public Health

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Bev Kerr

OLLI STAFF

Jascenna Haislet, Director

Michelle Klishis, Professional

Technologist

Diane Cale, Program Assistant

Charlene Gaston, Office Volunteer

CATALOG DESIGN

Apis Creative

ON THE COVER

Visiting the horses at the J.W. Ruby Research Farm

THE BERNARD OSHER **FOUNDATION**

The Bernard Osher Foundation seeks to improve quality of life through lifelong learning. Founded in 1977 by Bernard Osher, a respected businessman and community leader, the foundation funds a national network of more than 120 Osher Lifelong Learning Institutes, including the program at West Virginia University.

To learn more about the Bernard Osher Foundation, visit osherfoundation.org.

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CONTACT US

OSHER LIFELONG LEARNING INSTITUTE AT WVU

(304) 293-1793

Email: olli@hsc.wvu.edu

Online: olliatwvu.org

Mountaineer Mall (Main Office) 5000 Green Bag Road, Suite C-17 Morgantown, WV 26501

For office visits, we recommend calling ahead or making an appointment as hours may be limited.

MORGANTOWN SCHEDULE AT A GLANCE

Fall registration opens August 25. Classes start September 15.

CLASS / INSTRUCTOR	DATE	TIME	LOCATION
MONDAYS			
Let's Write! (Piatek)	Sep 15 - 29	10:00 - 11:45 a.m.	В
The New Yorker Discussion Group (Attfield, Attfield)	Sep 15 - Nov 17	10:00 - 11:45 a.m.	A & Z
Microsoft Office: The Basics (Klishis)	Dec 8	10:00 a.m Noon	CL
Yarn Arts	Sep 15 - Dec 15	12:45 – 2:30 p.m.	Α
Old Testament Villians (Hample)	Sep 29 - Nov 3	12:45 - 2:30 p.m.	B&Z
South Carolina in the American Revolution (Hutchins)	Nov 3 - 17	12:45 - 2:15 p.m.	Z
Epstein-Barr: The History of the "Kissing Disease" (Harbert)	Nov 10	12:45 - 2:15 p.m.	B&Z
The Power of One in Steven Spielberg Films (Epps)	Oct 20 - Nov 24	1:00 - 2:30 p.m.	OSHER ONLINE
Mon River Band (Schlobohm)	Sep 15 - Dec 15	3:00 – 4:30 p.m.	Α
The Life and Times of Nikola Tesla (Seifer)	Oct 6 - Nov 10	3:00 - 4:30 p.m.	OSHER ONLINE
Graceful Exits: Exploring the Economics, Ethics & Ethos of Death With Dignity (Bayard)	Oct 20 - Nov 24	5:00 - 6:30 p.m.	OSHER ONLINE
Music, Painting, and Words: Explore Connections (Kondoh)	Sep 29	6:00 - 7:30 p.m.	Z
From Bauhaus to Brutalism: Architecture (Schrader)	Oct 6 - Nov 10	7:00 - 8:30 p.m.	OSHER ONLINE
MONDAYS AND WEL	ONESDAYS		
Eat Right, Eat Well:Mediteranean Cooking, Part 2 (Cohen, Cohen)	Oct 20 - 29	3:00 - 4:45 p.m.	В
Origins: Life, the Universe, and Everything (Smosna)	Nov 3 - 19	3:00 – 4:30 p.m.	В
MONDAYS THROUGH	THURSDAYS		
Luddite No More! Computer Basics (Plus Some History) (Klishis)	Dec 1 - 4	10:00 a.m Noon	B&Z
TUESDAYS	3		
Yoga for Enjoyment and Health (Hnizdo)	Sep 16 - Nov 4	10:00 - 11:30 a.m.	OTHER
Great Piano Concertos from Mozart to the Present Time (Beall)	Sep 23 - Nov 11	10:00 - 11:30 a.m.	Α
Re-thinking and Building Hope (Muse)	Oct 14	10:00 - 11:30 a.m.	B & Z
Campus Club Morning Book Discussion (Ostrow)	Oct 21, Nov 18, & Dec 16	10:00 - 11:30 a.m.	A & Z
Finding the Way Home: Poems of Houses, Hosts,(Nelson)	Nov 4	10:00 a.m Noon	Α
Cruising the British Isles (Long)	Nov 11 & 18	10:00 a.m Noon	B&Z
Using Microsoft Word (Klishis)	Dec 9	10:00 a.m Noon	CL
The Magic of Motown (Agron)	Oct 28 - Dec 2	11:00 a.m 12:30 p.m.	OSHER ONLINE
Easy Japanese: Conversation and Culture, Part 2 (Koike)	Sep 9 - Oct 7	12:45 - 2:15 p.m.	Α
Mixed Media Magic: Painting, Collage, and Creative Play (Parker)	Sep 16 - Nov 4	12:45 - 2:15 p.m.	В
Learn to Play Chess (Colvin)	Oct 14 - 28	12:45 - 2:30 p.m.	Α
Cookies Around the World (Elkins)	Nov 11 & 18	12:45 - 2:30 p.m.	B&Z
Cookie Exchange (Elkins)	Dec 2	12:45 - 2:30 p.m.	Α
Inequality and Economic Policy (Woglom)	Oct 14 - Nov 18	1:00 - 2:30 p.m.	OSHER ONLINE
Should I Trust My Doctor in the Era of Medical Mayhem? (Karshenas)	Sep 23	3:00 - 5:00 p.m.	B & Z
Peeking Inside the Black Box (Hendrickson)	Oct 14 - Nov 18	3:00 - 4:30 p.m.	OSHER ONLINE
Brick Lab	Oct 21 & Nov 18	3:00 – 4:30 p.m.	Α



REGISTER TODAY!

See full class descriptions on pages 10-27 before registering. For the most up-to-date information on class schedules and space availability, visit our registration portal at wvusph-olli.augusoft.net.

CLASS / INSTRUCTOR	DATE	TIME	LOCATION
Real Chinese Food (Yang)	Sep 30	4:00 - 5:30 p.m.	OTHER
American History in Six Songs (Approximately) (Jennings)	Oct 14 - Nov 18	5:00 - 6:30 p.m.	OSHER ONLINE
The African American Military Experience: From Revolution to Civil Rights (Langellier)	Oct 7 - Nov 11	7:00 - 8:30 p.m.	OSHER ONLINE
Campus Club Evening Book Discussion (Attfield)	Oct 14, Nov 11, & Dec 9	7:30 – 9:00 p.m.	Z
TUESDAYS AND TH	URSDAYS		
Talking About Our Generations (Kunkle)	Sep 25 - Oct 7	10:00 - 11:00 a.m.	В
WEDNESDA	YS		
Understanding HIPPA (Funk Sollenberger)	Sep 17	10:00 - 11:30 a.m.	B & Z
Diego Velazquez - A Spanish Artist (Cann)	Sep 24	10:00 a.m Noon	Z
It's Not "Just Arthritis." Getting the Facts (Hornsby)	Oct 1	10:00 - 11:30 a.m.	В
Stop the Bleed (Carter)	Oct 8	10:00 - 11:30 a.m.	B & Z
Francisco De Goya - A Spanish Artist (Cann)	Oct 8	10:00 a.m Noon	Z
What to Make of Those Sonnets from the Portuguese? (Almasy)	Oct 15	10:00 - 11:45 a.m.	А
The Seventies: A Pivotal Change in World History (Colvin)	Oct 15 - 29	10:00 a.m Noon	B&Z
A ReadingDiscussion of Sophocles' Antigone (Aultman-Moore)	Oct 29 & Nov 5	10:00 - 11:30 a.m.	А
Pablo Picasso - A Spanish Artist (Cann)	Oct 29 & Nov 5	10:00 a.m Noon	Z
Technology Security: Devices and Social Media (Klishis)	Nov 5	10:00 a.m Noon	B &Z
Quotable and Notable - But How Presidential? (Hammersmith)	Nov 12 & 19	10:00 a.m Noon	B & Z
Using Microsoft Powerpoint (Klishis)	Dec 10	10:00 a.m Noon	CL
Alexander Graham Bell and the Telephone,(Carlson)	Oct 15 - Nov 19	11:00 a.m 12:30 p.m.	OSHER ONLINE
A Late Lunch (Cale)	Oct 15, Nov 19 & Dec 17	12:30 – 2:00 p.m.	OTHER
Learn to Play the Tin Whistle I (Strakusek)	Sep 24 - Nov 12	12:45 - 1:45 p.m.	Α
The Role of Geosciences in Shaping Our Energy Future (Sharma)	Oct 8	12:45 - 2:15 p.m.	B&Z
1980s Best Soap Operas (Elkins)	Oct 22 - Nov 12	12:45 - 2:15 p.m.	B&Z
Learn to Play the Tin Whistle II (Strakusek)	Sep 24 - Nov 12	2:00 - 3:00 p.m.	Α
Creative Conservation (Arne)	Oct 8 - Nov 12	5:00 - 6:30 p.m.	OSHER ONLINE
Cooking for Mindfulness (McNicholas)	Sep 17 - Oct 1	6:00 - 7:30 p.m.	Z
Common Invasive Plants and What to Do About Them (Gardner)	Oct 8	6:00 - 7:45 p.m.	B & Z
Fall Trivia (Klishis, Hyde)	Oct 15	7:00 - 8:30 p.m.	Z
Public Health in Action:Stress, Equity, and Solutions (Ogungbe)	Oct 15 - Nov 19	7:00 - 8:30 p.m.	OSHER ONLINE
Holiday Trivia (Klishis, Hyde)	Dec 17	7:00 – 8:30 p.m.	Z
THURSDAYS			
Walking Outdoors with Campus Club (Covey)	Sep 18 - Dec 18	9:00 – 10:00 a.m.	OTHER
T'ai Chi for Arthritis and Falls (Sommerkorn)	Sep 18 - Nov 6	10:00 - 11:30 a.m.	OTHER
More Story Songs and Fun Songs (with Ads) (Johnson)	Sep 25 - Oct 2	10:00 a.m Noon	B & Z

continued on next page

MORGANTOWN SCHEDULE AT A GLANCE

Fall registration opens August 25. Classes start September 15.

CLASS / INSTRUCTOR	DATE	TIME	LOCATION
WV Author Melville Post and His Sleuths (Reddy)	Oct 23	10:00 a.m Noon	z
Story Songs and Fun Songs (with Ads): A Halloween Special (Johnson)	Oct 30	10:00 a.m Noon	B & Z
Our Road Scholar Trip to Croatia (Attfield)	Nov 6	10:00 a.m Noon	B & Z
Using Microsoft Excel (Klishis)	Dec 11	10:00 a.m Noon	CL
In Darwin's Footsteps: A Journey to the Galapagos (Simon)	Oct 16 - Nov 20	11:00 a.m 12:30 p.m.	OSHER ONLINE
Campus Club: Let's Do Lunch! (Rauch)	Oct 9, Nov 13, & Dec 11	11:30 a.m 1:00 p.m.	OTHER
Handcrafts: Paper Folding Decorations (Elkins)	Sep 25	12:45 - 2:45 p.m.	Α
Handcrafts: Dimensional Designs on Glazed Tiles (Elkins)	Oct 23	12:45 - 2:45 p.m.	Α
Everything You Wanted to Know About Sewage (Schlobohm)	Oct 30 - Nov 20	12:45 - 2:15 p.m.	B&Z
Another Engagement with Jewish Poetry (Blair)	Oct 30 - Nov 6	12:45 - 2:15 p.m.	Z
Fall's Kitchen (Gay, Mallow)	Oct 2	1:00 - 2:30 p.m.	Α
Languages of the World (Pereltsvaig)	Oct 16 - Nov 20	1:00 - 2:30 p.m.	OSHER ONLINE
Impressionism: Color Light and Leisure (Weingarden)	Oct 9 - Nov 13	3:00 - 4:30 p.m.	OSHER ONLINE
Geography of the 2024 Presidential Election (Martis)	Oct 16	3:00 - 5:00 p.m.	B & Z
Drinks and Dinner (Haislet)	Oct 9, Nov 13, & Dec 11	6:00 – 8:00 p.m.	OTHER
Legendary Shipwrecks of the Great Lakes: (Lardinois)	Oct 9 - Nov 13	7:00 - 8:30 p.m.	OSHER ONLINE
FRIDAY	5		
Take a Hike (Klishis, Hyde)	Oct 3	9:00 a.m. – Noon	OTHER
The Reel Custer: Hollywoodthe Battle of the Little Bighorn (Grogan)	Sep 19 - Oct 17	10:00 - 11:30 a.m.	В
Beginning Appalachian Lap Dulcimer (Venable)	Sep 26 - Oct 24	10:00 - 11:45 a.m.	Α
The Art of Staying Upright: A Guide to Fall Prevention (Carter)	Oct 31	10:00 - 11:30 a.m.	B&Z
The Magic of Music (Oughton)	Oct 31 - Nov 14	10:00 - 11:30 a.m.	В
Story Songs and Fun Songs (with Ads) Holiday Special (Johnson)	Dec 5	10:00 a.m Noon	B & Z
The Films of John Cassavetes and Gena Rowlands: Innovation in Filmmaking and Performance (Brown)	Oct 10 - Nov 14	11:00 a.m 12:30 p.m.	OSHER ONLINE
The Queen's Gambit: An In-Depth Exploration (Sutherland)	Sep 19	12:45 - 2:30 p.m.	B&Z
Film Forum: Christopher Guest (Held)	Oct 3 - Nov 7	12:45 - 3:30 p.m.	В
SATURDAYS			
Intermediate T'ai Chi (Pollard)	Sep 20 - Dec 20	10:00 – 10:50 a.m.	OTHER
Introduction to T'ai Chi (Pollard)	Sep 20 - Dec 20	11:00 – 11:50 a.m.	OTHER
SUNDAYS			
Virtual Happy Hour	Sep 21 - Dec 21	6:30 – 7:30 p.m.	Z

A = Classroom A B = Classroom B CL = Computer Lab Z = Zoom

LIFE IS BETTER WITH FRIENDS

And so is OLLI! Know a friend, neighbor, or relative who would love OLLI at WVU as much as you? Invite them to join our community!

Clip the panel below, add a personal note, and drop it in the mail.

When your friend joins as a new member, let us know. You'll both be entered in our next drawing for a FREE term of OLLI classes!

Spreading the OLLI joy one friend at a time.

Learn more at olliatwvu.org



JOIN ME AT OLL!!

Are you looking for something different to do? Would you like to learn something new? OLLI at WVU offers classes for people like us. No grades. No tests. Just learning for the joy of it.

Let's take a class together! Visit *olliatwvu.org* or give me a call – I'd love to tell you more.





KANAWHA VALLEY SCHEDULE AT A GLANCE

Fall registration opens August 25. Classes start September 15.

MONDAYS Sep 15 - Nov 17 10:00 - 11:45 a.m. Z	CLASS / INSTRUCTOR	DATE	TIME	LOCATION
Old Testament Villians (Hample) Sep 29 - Nov 3 12:45 - 2:30 p.m. Z	MONDAYS	3		'
South Carolina in the American Revolution (Hutchins) Nov 3 - 17 12:45 - 2:15 p.m. Z	The New Yorker Discussion Group (Attfield, Attfield)	Sep 15 - Nov 17	10:00 - 11:45 a.m.	Z
Epstein-Barr: The History of the "Kissing Disease" (Harbert)	Old Testament Villians (Hample)	Sep 29 - Nov 3	12:45 - 2:30 p.m.	Z
The Power of One in Steven Spielberg Films (Epps)	South Carolina in the American Revolution (Hutchins)	Nov 3 - 17	12:45 - 2:15 p.m.	Z
The Life and Times of Nikola Tosla (Soifer)	Epstein-Barr: The History of the "Kissing Disease" (Harbert)	Nov 10	12:45 - 2:15 p.m.	Z
Graceful Exits: Exploring the Economics, Ethics & Ethos of Death With Dignity (Bayard) Cot 20 - Nov 24 5:00 - 6:30 p.m. OSHER ONLINE With Dignity (Bayard) Cot 6 - Nov 10 7:00 - 8:30 p.m. Z From Bauhaus to Brutalism: Architecture (Schrader) Oct 6 - Nov 10 7:00 - 8:30 p.m. OSHER ONLINE MONDAYS THROUGH THURSDAYS	The Power of One in Steven Spielberg Films (Epps)	Oct 20 - Nov 24	1:00 - 2:30 p.m.	OSHER ONLINE
With Dignity (Bayard) Oct 20 - Nov 24 3:00 - 8:30 p.m. OSHER ONLINE Music, Painting, and Words: Explore Connections (Kondoh) Sep 29 6:00 - 7:30 p.m. Z From Bauhaus to Brutalism: Architecture (Schrader) Oct 6 - Nov 10 7:00 - 8:30 p.m. OSHER ONLINE WONDAYS THROUGH THURSDAYS Luddite No More! Computer Basics (Plus Some History) (Klishis) Dec 1 - 4 10:00 a.m Noon Z TUESDAYS Re-thinking and Building Hope (Muse) Oct 14 10:00 - 11:30 a.m. Z Campus Club Morning Book Discussion (Ostrow) Oct 21, Nov 18, & Dec 16 10:00 - 11:30 a.m. Z Cruising the British Isles (Long) Nov 11 & 18 10:00 - 11:30 a.m. Z Cruising the British Isles (Long) Nov 11 & 18 10:00 - 11:30 a.m. Z Cruising the British Isles (Long) Nov 11 & 18 10:00 - 11:30 a.m. Z Cruising the British Isles (Long) Oct 28 - Dec 2 11:00 a.m 10:30 p.m. OSHER ONLINE Cookies Around the World (Elkins) Nov 11 & 18 12:45 - 2:30 p.m. OSHER ONLINE<	The Life and Times of Nikola Tesla (Seifer)	Oct 6 - Nov 10	3:00 - 4:30 p.m.	OSHER ONLINE
From Bauhaus to Brutalism: Architecture (Schrader)		Oct 20 - Nov 24	5:00 - 6:30 p.m.	OSHER ONLINE
Luddite No More! Computer Basics (Plus Some History) (Klishis) Dec 1 - 4 10:00 a.m Noon Z	Music, Painting, and Words: Explore Connections (Kondoh)	Sep 29	6:00 - 7:30 p.m.	Z
Luddite No Morel Computer Basics (Plus Some History) (Klishis) Dec 1 - 4 10:00 a.m Noon Z	From Bauhaus to Brutalism: Architecture (Schrader)	Oct 6 - Nov 10	7:00 - 8:30 p.m.	OSHER ONLINE
Re-thinking and Building Hope (Muse)	MONDAYS THROUGH	THURSDAYS		
Re-thinking and Building Hope (Muse)	Luddite No More! Computer Basics (Plus Some History) (Klishis)	Dec 1 - 4	10:00 a.m Noon	Z
Campus Club Morning Book Discussion (Ostrow) Oct 21, Nov 18, & Dec 16 10:00 - 11:30 a.m. Z Cruising the British Isles (Long) Nov 11 & 18 10:00 a.m Noon Z The Magic of Motown (Agron) Oct 28 - Dec 2 11:00 a.m 12:30 p.m. OSHER ONLINE Cookies Around the World (Elkins) Nov 11 & 18 12:45 - 2:30 p.m. Z Inequality and Economic Policy (Woglom) Oct 14 - Nov 18 1:00 - 2:30 p.m. OSHER ONLINE Colors and Crystals in the Mineral Kingdom (Holsclaw) Nov 18 1:00 - 3:00 p.m. E Should I Trust My Doctor in the Era of Medical Mayhem? (Karshenas) Sep 23 3:00 - 5:00 p.m. Z Peeking Inside the Black Box (Hendrickson) Oct 14 - Nov 18 3:00 - 4:30 p.m. OSHER ONLINE American History in Six Songs (Approximately) (Jennings) Oct 14 - Nov 18 5:00 - 6:30 p.m. OSHER ONLINE The African American Military Experience: From Revolution to Civil Rights (Langellier) Oct 7 - Nov 11 7:00 - 8:30 p.m. OSHER ONLINE Campus Club Evening Book Discussion (Attfield) Oct 21 & 23 1:00 - 3:00 p.m. Z TUESDAYS AND THURSDAYS National Lands in West Virginia	TUESDAY	S		
Campus Club Morning Book Discussion (Ostrow) & Dec 16 10:00 - 11:30 a.m. Z	Re-thinking and Building Hope (Muse)	Oct 14	10:00 - 11:30 a.m.	Z
The Magic of Motown (Agron)	Campus Club Morning Book Discussion (Ostrow)		10:00 - 11:30 a.m.	Z
Cookies Around the World (Elkins) Nov 11 & 18 12:45 - 2:30 p.m. Z Inequality and Economic Policy (Woglom) Oct 14 - Nov 18 1:00 - 2:30 p.m. OSHER ONLINE Colors and Crystals in the Mineral Kingdom (Holsclaw) Nov 18 1:00 - 3:00 p.m. E Should I Trust My Doctor in the Era of Medical Mayhem? (Karshenas) Sep 23 3:00 - 5:00 p.m. Z Peeking Inside the Black Box (Hendrickson) Oct 14 - Nov 18 3:00 - 4:30 p.m. OSHER ONLINE American History in Six Songs (Approximately) (Jennings) Oct 14 - Nov 18 5:00 - 6:30 p.m. OSHER ONLINE The African American Military Experience: From Revolution to Civil Rights (Langellier) Oct 7 - Nov 11 7:00 - 8:30 p.m. OSHER ONLINE Campus Club Evening Book Discussion (Attfield) Oct 14, Nov 11, & Dec 9 7:30 - 9:00 p.m. Z TUESDAYS AND THURSDAYS National Lands in West Virginia (Johnson) Oct 21 & 23 1:00 - 3:00 p.m. E WEDNESDAYS Understanding HIPPA (Funk Sollenberger) Sep 17 10:00 - 11:30 a.m. Z Diego Velazquez - A Spanish Artist (Cann) Sep 24 10:00 a.m Noon Z	Cruising the British Isles (Long)	Nov 11 & 18	10:00 a.m Noon	Z
Inequality and Economic Policy (Woglom)	The Magic of Motown (Agron)	Oct 28 - Dec 2	11:00 a.m 12:30 p.m.	OSHER ONLINE
Colors and Crystals in the Mineral Kingdom (Holsclaw) Sep 23 Sep 23 3:00 - 5:00 p.m. Z Reeking Inside the Black Box (Hendrickson) American History in Six Songs (Approximately) (Jennings) The African American Military Experience: From Revolution to Civil Rights (Langellier) Campus Club Evening Book Discussion (Attfield) TUESDAYS AND THURSDAYS National Lands in West Virginia (Johnson) Cot 14 - Nov 18 Sep 23 3:00 - 5:00 p.m. Cot 14 - Nov 18 5:00 - 6:30 p.m. OSHER ONLINE Oct 7 - Nov 11 7:00 - 8:30 p.m. OSHER ONLINE TUESDAYS AND THURSDAYS National Lands in West Virginia (Johnson) Cot 21 & 23 Cot 14 & 23 Cot 21 & 24	Cookies Around the World (Elkins)	Nov 11 & 18	12:45 - 2:30 p.m.	Z
Should I Trust My Doctor in the Era of Medical Mayhem? (Karshenas) Peeking Inside the Black Box (Hendrickson) American History in Six Songs (Approximately) (Jennings) The African American Military Experience: From Revolution to Civil Rights (Langellier) Campus Club Evening Book Discussion (Attfield) TUESDAYS AND THURSDAYS National Lands in West Virginia (Johnson) Oct 21 & 23 TUESDAYS AND THURSDAYS Understanding HIPPA (Funk Sollenberger) Sep 17 10:00 - 11:30 a.m. Z Stop the Bleed (Carter) Francisco De Goya - A Spanish Artist (Cann) Tuesdays (Colvin) Oct 15 - 29 Tuesdays (Colvin) Oct 16 - 10:00 a.m Noon Z The Seventies: A Pivotal Change in World History (Colvin) Oct 15 - 29 Tuesdays (Colvin) Oct 14 - Nov 18 3:00 - 5:00 p.m. Z SHER ONLINE 7:00 - 8:30 p.m. OSHER ONLINE 7:30 - 9:00 p.m. Z Tourist (Can p.m.) Fancisco De Goya - A Spanish Artist (Cann) Oct 21 & 23 Tuesdays (Colvin) Oct 3 Tuesdays (Colvin) Oct 4 Tuesdays (Colvin) Oct 5 - 29 Tuesdays (Colvin) Oct 15 - 29 Tuesdays (Colvin) Oct 16 - 29 Tuesdays (Colvin) Oct 17 - Nov 11 Tuesdays (Colvin) Oct 17 - Nov 11 Tuesdays (Colvin) Oct 17 - Nov 11 Tuesdays (Colvin) Oct	Inequality and Economic Policy (Woglom)	Oct 14 - Nov 18	1:00 - 2:30 p.m.	OSHER ONLINE
Reeking Inside the Black Box (Hendrickson) Oct 14 - Nov 18 3:00 - 4:30 p.m. OSHER ONLINE	Colors and Crystals in the Mineral Kingdom (Holsclaw)	Nov 18	1:00 - 3:00 p.m.	E
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	The Seventies: A Pivotal Change in World History (Colvin)	Oct 15 - 29	10:00 a.m Noon	Z
	Pablo Picasso - A Spanish Artist (Cann)	Oct 29 & Nov 5	10:00 a.m Noon	Z
Technology Security: Devices and Social Media (Klishis) Nov 5 10:00 a.m Noon Z	Technology Security: Devices and Social Media (Klishis)	Nov 5	10:00 a.m Noon	Z



REGISTER TODAY!

on class schedules and space availability, visit our registration portal at wvusph-olli.augusoft.net.

CLASS / INSTRUCTOR	DATE	TIME	LOCATION
Quotable and Notable - But How Presidential? (Hammersmith)	Nov 12 & 19	10:00 a.m Noon	Z
Alexander Graham Bell and the Telephone,(Carlson)	Oct 15 - Nov 19	11:00 a.m 12:30 p.m.	OSHER ONLINE
The Role of Geosciences in Shaping Our Energy Future (Sharma)	Oct 8	12:45 - 2:15 p.m.	Z
1980s Best Soap Operas (Elkins)	Oct 22 - Nov 12	12:45 - 2:15 p.m.	Z
Creative Conservation (Arne)	Oct 8 - Nov 12	5:00 - 6:30 p.m.	OSHER ONLINE
Cooking for Mindfulness (McNicholas)	Sep 17 - Oct 1	6:00 - 7:30 p.m.	Z
Common Invasive Plants and What to Do About Them (Gardner)	Oct 8	6:00 - 7:45 p.m.	Z
Fall Trivia (Klishis, Hyde)	Oct 15	7:00 - 8:30 p.m.	Z
Public Health in Action:Stress, Equity, and Solutions (Ogungbe)	Oct 15 - Nov 19	7:00 - 8:30 p.m.	OSHER ONLINE
Holiday Trivia (Klishis, Hyde)	Dec 17	7:00 – 8:30 p.m.	Z
THURSDAY	'S		
More Story Songs and Fun Songs (with Ads) (Johnson)	Sep 25 - Oct 2	10:00 a.m Noon	Z
WV Author Melville Post and His Sleuths (Reddy)	Oct 23	10:00 a.m Noon	Z
Story Songs and Fun Songs (with Ads): A Halloween Special (Johnson)	Oct 30	10:00 a.m Noon	Z
Our Road Scholar Trip to Croatia (Attfield)	Nov 6	10:00 a.m Noon	Z
In Darwin's Footsteps: A Journey to the Galapagos (Simon)	Oct 16 - Nov 20	11:00 a.m 12:30 p.m.	OSHER ONLINE
Everything You Wanted to Know About Sewage (Schlobohm)	Oct 30 - Nov 20	12:45 - 2:15 p.m.	z
Another Engagement with Jewish Poetry (Blair)	Oct 30 - Nov 6	12:45 - 2:15 p.m.	Z
Under the Hood of a Local Habitat for Humanity (Blackwood)	Oct 2	1:00 - 2:30 p.m.	E
Languages of the World (Pereltsvaig)	Oct 16 - Nov 20	1:00 - 2:30 p.m.	OSHER ONLINE
Impressionism: Color Light and Leisure (Weingarden)	Oct 9 - Nov 13	3:00 - 4:30 p.m.	OSHER ONLINE
Geography of the 2024 Presidential Election (Martis)	Oct 16	3:00 - 5:00 p.m.	Z
Legendary Shipwrecks of the Great Lakes: (Lardinois)	Oct 9 - Nov 13	7:00 - 8:30 p.m.	OSHER ONLINE
FRIDAYS			
Diego Velazquez - A Spanish Painter (Cann)	Sep 19	10:00 a.m Noon	E
Francisco De Goya - A Spanish Painter (Cann)	Oct 3	10:00 a.m Noon	E
Pablo Picasso - A Spanish Painter (Cann)	Oct 17 & 24	10:00 a.m Noon	E
The Art of Staying Upright: A Guide to Fall Prevention (Carter)	Oct 31	10:00 - 11:30 a.m.	Z
Story Songs and Fun Songs (with Ads) Holiday Special (Johnson)	Dec 5	10:00 a.m Noon	Z
The Films of John Cassavetes and Gena Rowlands: Innovation in Filmmaking and Performance (Brown)	Oct 10 - Nov 14	11:00 a.m 12:30 p.m.	OSHER ONLINE
The Queen's Gambit: An In-Depth Exploration (Sutherland)	Sep 19	12:45 - 2:30 p.m.	Z
SUNDAYS			
Virtual Happy Hour	Sep 21 - Dec 21	6:30 – 7:30 p.m.	Z

E = Edgewood Summit, 300 Baker Lane, Charleston, WV Z = Zoom

MEMBER EVENTS

Member events are open to all current OLLI members!

Payment of term fee is not required.

TAKE A HIKE! YOU DECIDE THE TRAIL

Michelle Klishis*, Michael Hyde

Friday, September 3 9:00 a.m. - Noon **Coopers Rock State Forest**



Take a hike with Michelle and Michael at Coopers Rock State Forest. As a group, participants will choose how strenuous or easy they want the hike to be. Check your email for details on how we'll decide. If it's raining heavily on the scheduled day, the hike will be postponed one week.

RE-THINKING AND BUILDING HOPE

Yira Muse

Tuesday, October 14, 10:00 - 11:30 a.m. **Morgantown B and Zoom**

Hope is not a wish. It is measurable, teachable, and learnable! More importantly, Hope acts as a protective factor against stress, anxiety, depression, burnout, and even suicide. It is the #1 indicator of well-being, while Hopelessness is the single strongest predictor of suicidal ideation and suicide. Hope is an action-oriented skill that is backed by over 30 years of scientific research and we're still discovering new ways that Hope improves not just our personal well-being, but that of our organizations and communities. In this course, you'll learn the real (measurable) ways Hope can benefit multiple life outcomes, as well as how to build and maintain Hope for yourself and others.

FALL TRIVIA

Michelle Klishis*, Michael Hyde

Wednesday, October 15 7:00 - 8:30 p.m. Zoom

Grab a beverage and some snacks, settle into a comfy chair with your laptop, tablet, or smart phone, and test your knowledge of trivia, and the trivial, against your fellow OLLI members during our quarterly virtual game night!

HOLIDAY TRIVIA

Michelle Klishis*

Wednesday, December 17 7:00 - 8:30 p.m. Zoom

Cold dark days got you down? Join us for laughter and silliness and the most trivial of trivialities: Holiday Trivia on Zoom!

FALL FIELD TRIP

To be announced. Watch your Friday bulletin for an announcement.



SHARED INTEREST GROUPS

Shared Interest Groups offer OLLI members the opportunity to share a common interest in a social setting. Most meet year-round, so register just once per year unless otherwise noted.

Visit olliatwvu.org/current-members/interest-groups for descriptions and sign-up info.

Payment of term fee is not required.

AFTERNOON WALKING GROUP



Mondays, Wednesdays, and Thursdays

July 2025 - June 2026 **Time TBA**

Various rail trails (Morgantown)

LEGO LAB

3rd Tuesday of the month

July 2025 - June 2026 3:00 - 4:30 p.m. **Morgantown A**

VIRTUAL HAPPY HOUR

Every Sunday

July 2025 - June 2026 6:30 - 7:30 p.m. Zoom

CAMPUS CLUB MORNING BOOK DISCUSSION

3rd Tuesday of the month

September 2025 - June 2026 10:00 - 11:30 a.m. **Morgantown A and Zoom**

CAMPUS CLUB EVENING BOOK DISCUSSION

2nd Tuesday of the month

September 2025 – June 2026 7:30 – 9:00 p.m. Zoom

CAMPUS CLUB: LET'S DO LUNCH!

2nd Thursday of the month

July 2025 – December 2025 11:30 a.m. - 1:00 p.m. **Various locations (Morgantown)**

Maximum enrollment: 20

A LATE LUNCH

3rd Wednesday of the month

July 2025 - June 2026 12:30 - 2:00 p.m. **Various locations (Morgantown)**

Maximum enrollment: 15

DRINKS AND DINNER

2nd Thursday of the month

August 2025 - May 2026 6:00 - 8:00 p.m. **Various locations (Morgantown)**

Maximum enrollment: 25

THE MON RIVER BAND

Every Monday

July 2025 - June 2026 3:00 - 4:30 p.m. Morgantown A

CAMPUS CLUB WALKING OUTDOORS

Every Thursday

July 2025 - June 2026 9:00 - 10:00 a.m. Various rail trails (Morgantown)

YARN ARTS

Every Monday

July 2025 - June 2026 12:45 - 2:30 p.m. **Morgantown A**

CLASS SCHEDULE Fall 2025

September 15 - December 17

FALL REGISTRATION **OPENS AUGUST 25**

Classes start September 15

HOW TO REGISTER

- Online at wvusph-olli.augusoft.net/
- By phone at (304) 293-1793
- By mail, using the enclosed registration form. Make checks payable to the WVU Foundation.

Advance registration is required for class attendance.



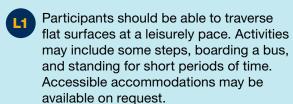
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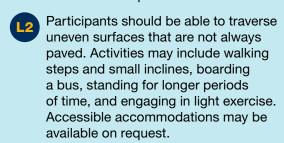
REGISTER ONLINE TODAY!

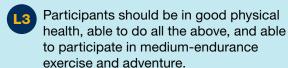
Our online registration portal contains the most up-to-date course information and is searchable by topic, instructor, and more. Courses fill up quickly, so this online portal is your best source of information! Registration remains open throughout the term for most classes and events.

ACTIVITY LEVEL KEY

For field trips, exercise classes, and outdoor adventures. Guidance only. Conditions may change.







THE ARTS

BEGINNING APPALACHIAN LAP DULCIMER

Wallace Venable*

Fridays, September 26 - October 24, 10:00 - 11:45 AM **Morgantown A**

Like the guitar and banjo, the Appalachian dulcimer has frets and strings, but it is structured and played in a unique way. Its three-string (or pair) construction allows one-finger melodies with basic drone string harmonies. This course will build student knowledge and playing competence in a detailed one-stepat-a-time structure. You will play a dozen tunes in traditional DAA noter-drone style and be able to enjoy "parlor or porch" playing by ear or from simple TAB notation. You also will be ready to tackle more complex modern styles and group participation. No previous musical training is required. Indicate on your registration if you want to borrow a dulcimer.

* Member of the OLLI Honor Roll. Has taught ≥10 courses and ≥60 class hours.

DIEGO VELAZQUEZ - A SPANISH PAINTER

Melora Cann

Friday, September 19, 10:00 a.m. - Noon **Edgewood Summit, Charleston**

Wednesday, September 24, 10:00 a.m. - Noon Zoom

Diego Velázquez was a leader of the Baroque movement, known for its emphasis on drama, emotion, and grandeur. A key figure in the Spanish Golden Age, Velázquez was a master of realism and portraiture. His naturalistic style involved a keen observation of reality, resulting in portraits that seem almost photographic. Velázquez was renowned for his ability to paint lifelike portraits, capturing the character and essence of his subjects, making him one of the most admired artists of all time. His masterpiece, Las Meninas, is one of the most analyzed and admired paintings in Western art history. His work influenced later artists, including Realists and the Impressionists who admired his mastery of light and brushwork.

FILM FORUM: CHRISTOPHER GUEST

James Held*

Fridays, October 3 - November 7, 12:45 - 3:30 p.m. **Morgantown B**

We'll focus on the work of actor/director Christopher Guest, whose films often feature the same actors but similar content some call "mockumentaries." He blends satire, dark comedy, farce and documentary



OLLI members perform Readers' Theatre plays in the Fall 2024 Performance

styles. We'll watch and discuss six of his best films: Waiting for Guffman (community theater), The Big Picture (studio system), For Your Consideration (lusting for Oscar), A Mighty Wind (folk singers), Best in Show (dog shows), and Little Shop of Horrors (musical about a 'mean green monster from outer space'). Discussion will follow after each film that will be introduced with salient gossip about each production.

FRANCISCO DE GOYA - A SPANISH **PAINTER**

Melora Cann*

Friday, October 3, 10:00 a.m. - Noon **Edgewood Summit, Charleston**

Wednesday, October 8, 10:00 a.m. - Noon Zoom

Goya is considered a pivotal figure in art history, bridging the era of Old Masters with the rise of modern art. His work is often seen as a precursor to the Romantic movement, emphasizing subjectivity, imagination, and emotion. Renowned for his diverse body of work, Goya works included portraits of the Spanish aristocracy, tapestry cartoons for the royal palace, and powerful series of etchings like "The Disasters of War" and "The Caprices" reflecting the horrors of war, the injustices of the Inquisition, and the complexities of human nature. His ability to capture the inner lives and emotions of his subjects is a hallmark of his art. His influence on later artists, especially those of the 19th and 20th centuries, is undeniable.

GREAT PIANO CONCERTOS FROM MOZART TO THE PRESENT TIME

John Beall

Tuesdays, September 23 - November 11, 10:00 - 11:30 a.m. Morgantown A

What is a piano concerto? One view is that it should be an argument between a soloist and the orchestra. But is that all it is? Through recorded performances, composer histories, views of sheet music, and more, we will discuss how the piano concerto has evolved since the days of Mozart. As more instruments were added to the orchestra (such as brass and percussion), the piano also changed so it could remain an equal partner. From the early days when the composer was the soloist to the time of the professional pianist, the piano concerto

has endured. Join the instructor to explore this wonderful musical world.

HANDCRAFTS: DIMENSIONAL DESIGNS **ON GLAZED TILES**

Kathi Elkins

Thursday, October 23, 12:45 – 2:45 p.m. **Morgantown A**

Materials Fee: \$5.00 (payable at the door)

Glazed ceramic tile is an affordable medium as a base for more designs. We'll use liquid leading to apply your designs onto the tile, resulting in 3-dimensional art. Make as many as you want from 6" or 12" square tiles, then after quick drying, you can use different spray paint techniques to give it that pizzazz! Note: Spray paints will be used.

HANDCRAFTS: PAPER FOLDING DECORATIONS

Kathi Elkins

Thursday, September 25, 12:45 - 2:45 p.m. Morgantown A

Materials Fee: \$2.00 (payable at the door)

With plain and decorative papers, glue, and scissors we'll be making paper decorations and ornaments. The star designs we'll use are from Germany (Froebel and Moravian stars), Finland, and Poland, but also simple origami from Japan. You'll leave with at least 2 stars to decorate your home or give as gifts, and once you've learned the technique, you'll be able to make more.



Painting rocks in OLLI's monthly Handcrafts class series.

LEARN TO PLAY THE TIN WHISTLE I

Ingrid Strakusek

Wednesdays, September 24 - November 12, 12:45 - 1:45 p.m. Morgantown A

The tin whistle has a long and illustrious history dating back hundreds of years. We will learn how to play several Irish, Appalachian, and American folk songs within a few weeks. The tin whistle is simple to learn. No musical knowledge is necessary as we will learn "Tabs" and how to read sheet music.

LEARN TO PLAY THE TIN WHISTLE II

Ingrid Strakusek

Wednesdays, September 24 - November 12, 2:00 - 3:00 p.m. **Morgantown A**

Expand your skills with the tin whistle in this intermediate course designed for those who have completed the beginner level or have basic experience with the instrument. We will work on rhythm, using half-fingering, and ways to increase the tempo. Participants will enhance their finger placement, breath control, and learn how to add personal flair to their playing. Whether you're aiming to improve for personal enjoyment or performance, this class will help you take your tin whistle playing to the next level. We will be using the D whistle.

MIXED MEDIA MAGIC: PAINTING, COLLAGE. AND CREATIVE PLAY

Diane Parker

Tuesdays, September 16 - November 4, 12:45 - 2:15 p.m. Morgantown B

Explore the meditative joy of mixed media art in this hands-on class using acrylics, gesso, matte medium, inks, stains, tea- and coffee-dyed papers, and your own cherished scraps. We'll layer color, texture, and imagination on a variety of surfaces including paper, canvas, and gesso board-or whatever you have at home. Whether you're experienced or just art-curious, this class invites creative play, personal expression, and relaxed experimentation. A suggested materials list is available online and from the OLLI office.

MORE STORY SONGS AND FUN SONGS (WITH ADS)

Ed Johnson*

Thursdays, September 25 – October 2, 10:00 AM - Noon Morgantown B and Zoom

Continuing the journey begun in our summer course, this class will feature more songs that tell stories and/or are just plain fun. There will be "sponsor" breaks, with vintage ads. Note that neither dancing nor singing along will be discouraged. All are welcome. Participation in the summer class is not required.

MUSIC, PAINTING, AND WORDS: EXPLORE CONNECTIONS

Akina Kondoh

Monday, September 29, 6:00 - 7:30 p.m. Zoom

Using a collection of short painting-inspired piano pieces by Aoshima Hitoshi, participants will be challenged with quizzes and questions designed and arranged to explore connections between musical expressions and visual images. Participants will be encouraged to verbalize and elaborate on their feelings and reasoning. Such skills would become more and more useful in creating images or music using AI.

PABLO PICASSO - A SPANISH ARTIST

Melora Cann*

Fridays, October 17 and 24, 10:00 a.m. – Noon Edgewood Summit, Charleston

Wednesdays, October 29 and November 5, 10:00 a.m. – Noon Zoom

Picasso was a groundbreaking artist who helped pioneer Cubism, a movement that revolutionized modern art by breaking objects into geometric forms and multiple perspectives. His work, including the powerful antiwar piece *Guernica*, reflected 20th century struggles and themes like poverty and social injustice. A master of many mediums—painting, sculpture, printmaking, ceramics, and stage design—Picasso constantly experimented, producing over 13,000 paintings and 100,000 prints. His bold creativity and refusal to follow convention continue to inspire artists today. His legacy endures

INSTRUCTOR SPOTLIGHT



KATHI ELKINS: SPARKING CURIOSITY, ONE CLASS AT A TIME

Kathi Elkins discovered OLLI through a friend in Charleston and quickly became a devoted member after retiring from a career in public health. With a background in education, she felt right at home in the classroom and soon began teaching. Her first course—on the history and science of ice—was followed by a series on environmental awareness and sustainable living.

Kathi's goal is to encourage curiosity and inspire thoughtful change. "I'm not always an expert," she says, "but I love diving into research and sharing what I've learned." Her classes blend practical knowledge with historical and policy context, offering participants new ways to think and act. She especially enjoys classes that spark group discussion and lead to real-world insights.

Her daughter Andrea followed her lead during the pandemic, first as a student and then as an instructor herself. Now based in Morgantown, the Elkins family continues to embrace OLLI as a space for connection, exploration, and lifelong learning—with plenty of curiosity still to come.

through his influence on abstraction and the evolution of contemporary art across the globe.

THE QUEEN'S GAMBIT: AN IN-DEPTH **EXPLORATION**

Jim Sutherland

Friday, September 19, 12:45 - 2:30 p.m. **Morgantown B and Zoom**

The 2020 Netflix limited series, The Queen's Gambit, became a cultural phenomenon, captivating over 112 million viewers and setting records as the mostwatched limited series at the time. This course offers an in-depth exploration of this richly layered drama centered on Beth Harmon, a Kentucky orphan who overcomes personal struggles, including addiction and societal sexism, to reach the top of the competitive chess world. We will examine plot and character development, cinematography, visual style, fashion and costume design, and explore the series' themes of resilience, identity, and the pursuit of greatness through her inspiring journey. How did they make a tale about chess so captivating?

THE REEL CUSTER: HOLLYWOOD AND THE BATTLE OF THE LITTLE BIGHORN

L. Jon Grogan

Fridays, September 19 - October 17, 10:00 - 11:30 a.m. Morgantown B

Hollywood's interpretation of the Little Bighorn battle has evolved over the years, reflecting changes in attitudes toward Native Americans, westward expansion, and the legends of its participants. Through the use of popular movie clips, this course will examine how Hollywood has presented the battle over time and how these presentations mirrored changes in the public's perception and the writing of American history. Particular attention will be paid to Hollywood's treatment of the battle's most famous combatant, George Armstrong Custer.



OLLI musicians playing for the 2025 annual meeting.

STORY SONGS AND FUN SONGS (WITH **ADS): A HALLOWEEN SPECIAL**

Ed Johnson*

Thursday, October 30, 10:00 a.m. - Noon **Morgantown B and Zoom**

The first of two special editions of the series, this Halloween eve class will feature songs that are fun or spooky or both.

STORY SONGS AND FUN SONGS (WITH **ADS) HOLIDAY SPECIAL**

Ed Johnson*

Friday, December 5, 10:00 a.m. - Noon Morgantown B and Zoom

December has several holidays. Religious, cultural, and secular songs have been written about them all. Songs of the season and a few classic ads will bring back a few memories.

1980S BEST SOAP OPERAS

Andrea Elkins

Wednesdays, October 22 - November 12, 12:45 - 2:15 p.m. Morgantown B & Zoom

We will discuss some of the best soap operas of the 1980s, including favorites of daytime and primetime. From Dallas and Dynasty to Knots Landing and The Young and the Restless, we'll watch clips, reminisce about favorite plots and cliff-hangers, and celebrate the unforgettable characters, outrageous twists, and iconic moments that kept us coming back for more.

HEALTH AND WELLNESS

THE ART OF STAYING UPRIGHT: A GUIDE TO FALL PREVENTION

Annie Carter

Friday, October 31, 10:00 - 11:30 a.m. **Morgantown B and Zoom**

Falls are a leading cause of injury and loss of independence, especially among older adults. This presentation provides an evidence-based overview of fall risks and practical strategies to prevent them. Attendees will learn how to identify common environmental and personal risk factors, explore proven prevention techniques, and discover tools

and resources to promote safety and mobility. This session offers valuable insights to help reduce fall risk and enhance quality of life.

COOKING FOR MINDFULNESS

Shannon McNicholas

Wednesdays, September 17 - October 1, 6:00 - 7:30 p.m. Zoom

Cooking for Mindfulness is a gentle, hands-on course that uses simple cooking tasks as a gateway to presence and self-connection. You'll learn grounding techniques to pair with chopping, stirring, and tasting, making the kitchen a space for calmnot pressure. We'll explore how to begin when it feels hard to start tasks and toss out the myth that you need to be "good" at cooking to benefit.

EAT RIGHT, EAT WELL: THE JOY OF **MEDITERRANEAN COOKING, PART 2**

Stanley Cohen*, Judy Cohen*

Mondays and Wednesdays, October 20 - 29, 3:00 - 4:45 p.m.

Morgantown B Fee: \$5.00 This course continues its focus on healthy eating

and cooking. Featured is a series of new videos from the Culinary Institute of America: Joy of Mediterranean Cooking and presents the cuisines and cooking techniques with exemplary dishes of France, Tunisia, Morocco, Greece, Turkey and the Middle East. Additionally, class topical material presents the cultural history of its foods, the diet and health benefits deriving from its cuisine, the Mediterranean Diet. Food samples and recipes are distributed at each class session. A guidebook accompanies the videos plus class handouts and supplemental recipes. Everyone is encouraged to share tips, tricks, and techniques from their own kitchens.

EPSTEIN-BARR: THE HISTORY OF THE "KISSING DISEASE"

Kerry Harbert

Monday, November 10, 12:45 - 2:15 p.m. **Morgantown B and Zoom**

Often called the "kissing disease," mononucleosis is caused by the Epstein-Barr virus (EBV). In this class, we'll explore how the virus was discovered,

the scientists who played key roles, and why EBV is more than just a teenage illness. We'll look at its possible links to other health conditions and what researchers are learning about its long-term effects.

FALL'S KITCHEN

Cindy Gay, Julie Mallow

Thursday, October 2, 1:00 - 2:30 p.m. Morgantown A

Fee: \$5.00

Cindy Gay will be joined by farmer and entrepreneur Julie Mallow, serving soup and Julie's whole grain bread. You'll recognize Julie from the Farmers Market. Cindy will show slides with suggestions for fall menus. Share yours too!

IT'S NOT "JUST ARTHRITIS." GETTING THE FACTS

Jo Ann Hornsby

Wednesday, October 1, 10:00 - 11:30 a.m. Morgantown B

Arthritis is a commonly used term that actually applies to over 100 diseases affecting the joints. Arthritis, in any of its many forms, can cause significant disability, affecting the functions of daily life. Some forms can affect other parts of the body besides the joints. We will cover the basic forms of arthritis, the anatomy of the joints, and the different ways arthritis can affect them. We will discuss the treatment of the different forms of arthritis and why each may require different treatment options.

STOP THE BLEED

Annie Carter



Wednesday, October 8, 10:00 - 11:30 a.m. **Morgantown B and Zoom**

After injury, bleeding is the number one cause of preventable death. Learning to stop the bleed is a lifesaving skill. With three quick actions, you can be trained and empowered to save a life.

T'AI CHI FOR ARTHRITIS AND FALLS

Rvan Sommerkorn

Thursdays, September 18 - November 6, 10:00 - 11:30 a.m. **Morgantown Dance Studio**

Discover the powerful benefits of t'ai chi—a graceful, low-impact exercise that promotes balance, flexibility, and peace of mind. Originally developed in ancient China, t'ai chi is easy to learn and offers proven health benefits, especially for those managing arthritis or concerned about falls. Whether you're new to exercise or looking for a gentle, lifelong practice, this class is for you. Join Ryan Sommerkorn, a certified instructor through the T'ai Chi for Health Institute, and take your first step toward improved strength, confidence, and wellbeing.

TALKING ABOUT OUR GENERATIONS

Christy Kunkle

Tuesdays and Thursdays, September 25 - October 7, 10:00 - 11:00 a.m. **Morgantown B**



OLLI participants will engage in conversation with current undergraduate students from WVU. As part of their "Communication and Aging" class, 35 undergrads will lead guided discussions driven by interest. Please consider contributing to these important intergenerational, non-familial connections across the generations. The same workshop was presented last year BUT this will be a new group. Last year's undergrads loved these sessions, and OLLI members' insights are what made their coursework more trustworthy, meaningful, and relatable for them! We all had fun; please join this time!

UNDERSTANDING HIPAA

Danielle Funk Sollenberger

Wednesday, September 17, 10:00 - 11:30 a.m. **Morgantown B and Zoom**

What exactly is HIPAA—and what does it mean for you? This course will introduce the Health Insurance Portability and Accountability Act of 1996, the federal law that protects your personal health information. We'll explore what healthcare providers are required to do to maintain your privacy, what rights you have over your health data, and which organizations must follow HIPAA rules. Whether you're navigating the healthcare system yourself or simply curious about how your information is handled, this session will help you better understand this important piece of healthcare law.

YOGA FOR ENJOYMENT AND HEALTH

Eva Hnizdo*

Tuesdays, September 16 - November 4, 10:00 - 11:30 a.m. **Morgantown Dance Studio** Materials needed: yoga mat, blocks, and strap

The class will be focused on developing skills that the students can use in their daily life to maintain their well-being. Coordination between breath and body movements such as balancing, stretching, strengthening, and deep breathing will be used to create the sense of well-being. We will be using chairs to support and enhance the body movements.

HISTORY

QUOTABLE AND NOTABLE—BUT HOW PRESIDENTIAL?

Jack Hammersmith*

Wednesdays, November 12 and 19, 10:00 a.m. - Noon Morgantown B and Zoom

For over a century (starting probably with Warren Harding), presidents have often depended on others to frame and shape their ideas. By one estimate a "typical" major speech now involves between 5-20 different writers/editors. At first, speechwriters tended to be largely anonymous: friends, associates, and public officials borrowed from various agencies, but by the latter 20th century, individuals were hired and defined as speechwriters. This course will examine some of the most prominent writers and their impact. Were they reflecting or shaping their bosses' policies? How often and how much?

THE SEVENTIES: A PIVOTAL CHANGE IN **WORLD HISTORY**

Kenton Colvin*

Wednesdays, October 15 - 29, 10:00 a.m. - Noon Morgantown B and Zoom

Explore the transformative decade of the 1970s—a time of cultural shifts, political upheaval, and global change. This course examines key events and movements that shaped the U.S. and the world, from the aftermath of Vietnam and Watergate to the rise of civil rights, feminism, and new music and art forms. We'll discuss evolving social norms, fashion

trends, and technological advances, as well as the growing disillusionment with government and tradition. Discover how this dynamic decade left a lasting impact on American society and beyond.

SOUTH CAROLINA IN THE AMERICAN REVOLUTION

Russ Hutchins*

Mondays, November 3 - 17, 12:45 - 2:15 p.m. Zoom

The class will present the information of over 200 battlefield actions in the state of South Carolina during the American Revolution. We will examine the causes and actions that led to the conflicts among the Loyalists and Patriots during the American Revolution 1775-1783. Charleston also had a tea party similar to Boston. There were two battles for the control of Charleston and the Battles of Kings Mt. and Cowpens were the turning points in the Revolution that led up to the defeat of Lord Cornwallis at Yorktown, Virginia.

LITERATURE AND WRITING

FINDING THE WAY HOME: POEMS OF **HOUSES, HOSTS, AND GUESTS**

Byron Nelson*

Tuesday, November 4, 10:00 a.m. - Noon Morgantown A

Poets have long attempted to define the pleasures and problems of homes and living spaces, and they have considered the mutual obligations of hosts and their guests. The course examines famous depictions of ideal and problematic homes and their inhabitants, by poets from Shakespeare to William Butler Yeats.

LET'S WRITE!

Kathryn Piatek

Mondays, September 15 - 29, 10:00 - 11:45 a.m. Morgantown B

Is there a story or book that you've been wanting to write but the muse eludes you? We will get inspired to write by sharing ideas and our writing processes. and then we will simply write! About half of each class time will be devoted to sharing and/or gentle critiquing, and half to writing. The time has finally come to write that story or book!

WHAT TO MAKE OF THOSE SONNETS FROM THE PORTUGUESE?

Rudolph Almasy

Wednesday, October 15, 10:00 - 11:45 a.m. Morgantown A

Many OLLI members have heard of Elizabeth Barrett Browning's poem that begins "How do I love thee? Let me count the ways," one of 44 in Sonnets from the Portuguese. She wrote these sonnets to her future husband, the poet Robert Browning, during their courtship. The poems are a celebration of her love and an exploration of their relationship, as Robert rescues her and whisks her off to Italy. This class will read a few sonnets and explore the images she uses, her views on the power of love, her dramatization of desire, her voice and position in the relationship. As we read the poems together, we will see where they take us. All lovers welcomed.

WV AUTHOR MELVILLE POST AND HIS **SLEUTHS: MASON AND ABNER**

Sumitra Reddy*

Thursday, October 23, 10:00 a.m. - Noon Zoom

The 50 Mystery and Detective Masterpieces You Have to Read Before You Die Vol: 2 lists the name of Melville Davisson Post, who was born in West Virginia in 1869 and was a WVU Law School graduate. His best known works are the Randolph Mason series (legal thrillers), and the more successful collection, Uncle Abner: Master of



Instructor Byron Nelson sharing his knowledge with OLLI members in class.

Mysteries. The latter is widely regarded as having a strong influence on the development of the modern mystery genre. Ellery Queen called these stories "an out-of-this-world target for future detectivestory writers." Notably, Post's childhood home Templemoor near Clarksburg, WV, has been listed on the National Register of Historic Places since 1982.

OTHER INTERESTS

COOKIES AROUND THE WORLD

Kathi Elkins

Tuesdays, November 11, and November 18, 12:45 - 2:30 p.m. **Morgantown B and Zoom**

After a very brief recap of the *History of Cookies*, we'll learn the different cookies from other cultures and countries. Many cookie recipe will have been based on the resources in those areas (fruits, nuts, sugars, spices and herbs) and the stories behind cookies that are symbolic of religion or customs. This is our chance to learn and appreciate this food treat from other cultures. Pizzelles, anyone?

COOKIE EXCHANGE

Kathi Elkins

Tuesday, December 2, 12:45 - 2:30 p.m. Morgantown A **Maximum Enrollment: 15**

Call it a Cookie Exchange or Cookie Swap, each participant will bake four dozen of their favorite cookie to share with the class. You'll take home with you four dozen assorted cookies---great for sharing



Enjoying a chat during an OLLI Meet & Greet

with family, friends, holiday gatherings, gift baskets. Think of how you can feature a new cookie that you iust learned about. We'll have hot apple cider, tea, and coffee to enjoy at our swap.

EASY JAPANESE: CONVERSATION AND CULTURE, PART 2 ADDED Kazunari Koike

CLASS

Tuesdays, September 9 - October 7, 12:45 - 2:15 p.m. Morgantown A

This course is a continue of OLLI's summer course introducing a beginning level of Japanese conversation. Participants will learn greetings and how to perform introductions, ask directions, buy/ order drinks and food, etc. Basic grammar and the different styles of Japanese writing will be explained, but the primary focus of this course will be conversational speech. Participants will be expected to role-play as part of learning conversation. As part of each lesson, the class will also learn religion, geography, history, festival seasons, and food and drinks unique to Japan. Participation is limited to members of the summer course.

EVERYTHING YOU WANTED TO KNOW ABOUT SEWAGE, BUT WERE AFRAID TO ASK?

Ross Schlobohm

Thursdays, October 30 - November 20, 12:45 - 2:15 p.m. **Morgantown B and Zoom**

Take a fascinating journey through the history of sewage—from ancient civilizations and medieval castles to the burning river in Ohio and the creation of the EPA. This course explores how sewage systems have evolved, the challenges of plant and sewer construction, and the impact on drinking water, rivers, and streams. We'll examine what's working, what's not, and what the future may holdincluding how sewage is managed in space and what it means for future life on Mars!

LEARN TO PLAY CHESS ADDED Kenton Colvin*

Tuesdays, October 14 - 28, 12:45 - 2:30 p.m. Morgantown A

Discover the timeless game of chess, a two-player strategy board game with a rich history spanning nearly 1,500 years. With no hidden information

or elements of chance, chess offers a fascinating challenge for the mind. In this hands-on workshop, participants will learn how to set up the board, move each piece, understand special rules, and recognize basic strategies to win. Instruction will also cover the use of a chess clock and how to record moves using standard chess notation. Each session includes time for supervised practice games to help reinforce concepts and build confidence.

REAL CHINESE FOOD

Li Yang



Tuesday, September 30, 4:00 - 5:30 p.m. Monongalia County Community Center Materials Fee: \$10 (payable at the door) Maximum Enrollment: 12

Learn how to cook basic Chinese food, including Chinese cutting styles and cooking methods used in the home.

UNDER THE HOOD OF A LOCAL HABITAT FOR HUMANITY

Andrew Blackwood

Thursday, October 2, 1:00 - 2:30 p.m. Charleston, Edgewood Summit

There are over 1,000 non-profit organizations in the U.S. affiliated with Habitat for Humanity International, including seven in West Virginia. While all are focused on improving access to safe, decent, affordable housing, each operates independently and can respond to the needs of their local communities. In this session, you can learn about the mission of Habitat for Humanity of Kanawha and Putnam, their business model, service opportunities, and more.

PHILOSOPHY AND RELIGION

ANOTHER ENGAGEMENT WITH JEWISH POETRY

Rabbi Joe Blair*

Thursdays, October 30 – November 6, 12:45 - 2:15 p.m. Zoom

Return to selected Jewish poetry from a variety of authors. Materials will be sent in advance of the sessions. We will then read and discuss the selected pieces. Come with opinions, questions, and observations to share.

INSTRUCTOR SPOTLIGHT



SUMITRA REDDY: A PASSION FOR TEACHING AND EXPLORATION

Sumitra Reddy has been a beloved instructor at OLLI since 2011, sharing her vast knowledge and enthusiasm across a wide range of subjects. Holding a PhD in Physics and an MS in Computer Science, Sumitra's academic background is as impressive as her teaching repertoire. She has taught numerous OLLI classes in a variety of topics, including science, math, travel, Indo-European languages, ancient history, artificial intelligence, and the Indian tonal hand drums, or tabla.

Sumitra's journey began in India, where she learned her mother tongue, Bengali, along with Hindi, Sanskrit, and English, mastering three different scripts as part of her education. She later moved to the United States for graduate studies. Her career at WVU's Department of Computer Science and Electrical Engineering spanned many years, and although she retired, she continues to contribute as an adjunct faculty member.

Sumitra and her husband, Ramana Reddy, share a love for travel. They have explored various countries, and Sumitra joyfully shares her travel experiences with her fellow OLLI members, enriching their understanding of different cultures and histories.

OLD TESTAMENT VILLAINS

Rabbi Joseph Hample*

Mondays, September 29 - November 3, 12:45 - 2:30 p.m. **Morgantown B and Zoom**

Cain, Esau, Pharaoh, Jezebel, Nebuchadnezzar. The blasphemer of Leviticus 24, the sabbath breaker of Numbers 15, the boys who mock Elisha in II Kings 2. And of course the serpent, Lucifer, and Satan: three different characters, as Jews understand the text. We love to hate 'em, but no one is all bad. Isn't it time someone told their side of the story?

A READING AND DISCUSSION OF SOPHOCLES' ANTIGONE

J. Aultman-Moore

Wednesdays, October 29 and November 5, 10:00 - 11:30 a.m. **Morgantown A**

Materials needed: Sophocles' Antigone

In this class, we will read and discuss Sophocles' Antigone through the lens of several key themes: moral authority—whether grounded in the gods, nature, justice, or social convention; gender roles and the constraints placed on women; and the traditional Greek ethic of "help friends, harm enemies." Participants are welcome to use any translation of the play. However, the instructor recommends his own recent translation (Broadview Press), which includes a curated selection of supplementary texts that deepen exploration of these topics—all conveniently gathered in one volume.

SCIENCE AND NATURE

COLORS AND CRYSTALS IN THE MINERAL KINGDOM

Steven Holsclaw*

Tuesday, November 18, 1:00 - 3:00 p.m. **Edgewood Summit. Charleston**

A mineral is a naturally occurring, inorganic solid with a definite chemical composition and a crystalline structure. It is formed by natural processes and can be either a single element or a compound. Minerals are identified by their unique chemical composition, optical properties, crystal structure, density, hardness, depositional origin and sometimes color. Mineral shapes, colors, physical properties and crystallization are determined by their elemental composition and atomic structure. This presentation features photos of spectacular mineral specimens sourced from museums, university departments and private collections. Native elements, precious metals and gem crystals are featured.

COMMON INVASIVE PLANTS AND WHAT TO DO ABOUT THEM

Sam Gardner

Wednesday, October 8, 6:00 - 7:45 p.m. **Morgantown B and Zoom**

This presentation will cover common invasive plants in West Virginia and provide strategies for how to deal with them, arming course attendees with the knowledge needed to deal with these ecological interlopers!

THE MAGIC OF MUSIC

John Oughton

Fridays, October 31 - November 14, 10:00 - 11:30 a.m. **Morgantown B**

We will explore what makes music such an important and integral part of our lives and why, as Friedrich Nietzsche claimed, "without music, life would be a mistake." We'll discuss the following questions: why do we love music; why did we evolve to respond so positively to music; what are the physical, mental, emotional, and social impacts of music; and what therapeutic benefits has music been shown to provide?

ORIGINS: LIFE, THE UNIVERSE, AND EVERYTHING

Richard Smosna*

Mondays and Wednesdays, November 3 - 19, 3:00 - 4:30 p.m. **Morgantown B**

What is life? In easy-to-understand language, this course will present some current scientific ideas on the origin of life. Topics include the chemicals of life. lifelike molecules, laboratory experiments to create organic molecules, possible modes of creation, nature of early Earth's ocean and atmosphere. the first organisms, and strange critters of early evolution.

THE ROLE OF GEOSCIENCES IN SHAPING **OUR ENERGY FUTURE**

Shikha Sharma

Wednesday, October 8, 12:45 - 2:15 p.m. **Morgantown B and Zoom**

Learn about the pivotal role of geosciences in powering our world. The course will highlight how knowledge of geology has historically supported our energy needs-from oil and gas exploration to critical mineral discovery-and how it continues to drive innovation in renewable energy, geothermal resources, carbon storage, and hydrogen resource development. Learn how understanding the Earth's processes helps ensure a secure, sustainable energy future while addressing our environmental challenges.

SHOULD I TRUST MY DOCTOR IN THE **ERA OF MEDICAL MAYHEM?**

Allie Karshenas

Tuesday, September 23, 3:00 - 5:00 p.m. **Morgantown B and Zoom**

Let's face it: trusting your doctor these days can feel like navigating a minefield. With social media and an endless stream of online advice (somewhere between a cat video and a salad recipe), patients are drowning in data—often the wrong kind. From health tips to fashion hacks, the internet is packed with infotainment that can lead to poor decisions and bruised egos. Add in rising healthcare costs and a flood of misinformation and the doctor-patient relationship gets shaky fast. So, when should we trust our doctors-and when should we hit pause? Let's untangle the mess (and maybe share a laugh or two).

SOCIAL SCIENCES AND CURRENT EVENTS

FINDING WAYS TO ESCAPE AND EXPLORE **TOGETHER**

Christy Kunkle

Dates and times to be announced

Given that technology has made it harder for us to have a sense of where we are and where we are geographically going, we want to sharpen our explorer brains together in an intergenerational Escape Room experience! A small group of WVU

graduate students will meet up with OLLI members at the Wharf District's Escape Room. Afterward, we'll explore our interests during dinner and informal chat at a restaurant across the street. WVU students will talk about their lives and professional aspirations, and OLLI members will weigh in as they wish! This aspiration exploration may take a few moments, maybe more! Future collaboration may follow, should attendees wish it!

GEOGRAPHY OF THE 2024 PRESIDENTIAL ELECTION

Ken Martis

Thursday, October 16, 12:45 - 2:15 p.m. **Morgantown B and Zoom**

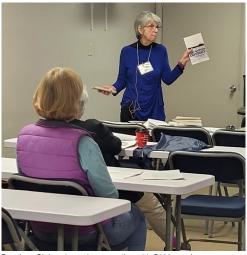
The goal of this class is to put into context the political, historical, and geographical trends of the 2024 American presidential election. The centerpiece of the class is a wide variety of election maps. These maps bring alive the story of the 2024 American presidential election, especially with respect to Monongalia County, West Virginia, and the nation, much more than mere numbers of electoral votes and national vote counts.

THE NEW YORKER DISCUSSION GROUP

Hilary Attfield, Michael Attfield

Mondays, September 15 - November 17, 10:00 - 11:45 a.m. Morgantown A and Zoom

Join us to discuss a range of topics from recent issues of The New Yorker magazine. Members of the group choose articles, fiction, and topics to be discussed each week. All viewpoints welcome! A subscription to *The New Yorker* is strongly recommended.



Rae Jean Sielen shares her expertise with OLLI members

TECHNOLOGY

LUDDITE NO MORE! COMPUTER BASICS (PLUS SOME HISTORY)

Michelle Klishis*

Monday - Thursday, December 1 - 4, 10:00 a.m. - Noon Morgantown B and Zoom

Computers have a lot of acronyms and confusing terms, which can make them seem like a black box where magic happens to connect you to the internet. In this class we'll look inside a computerliterally! We'll open up that black box to look at the hardware, discuss what software is and does, and attempt and make the whole thing less intimidating. We'll also talk about the basics of using a computer with the Windows 11 Operating System as well as things like why it's important to keep your computer updated and what to do when your device misbehaves. And you'll get a bit of history, including the devices that brought us the Luddites.

TECHNOLOGY SECURITY: DEVICES AND SOCIAL MEDIA

Michelle Klishis*

Wednesday, November 5, 10:00 a.m. - Noon **Morgantown B and Zoom**

Staying safe online covers everything from not falling for a spam email to protecting your home internet. This session will look at some of the threats out there, and things you can do to protect yourself from bad actors.

MICROSOFT OFFICE: THE BASICS

Michelle Klishis*

Monday, December 8, 10:00 a.m. - Noon **Computer Lab** Skill Level I

This class is a required prerequisite for the rest of the Microsoft Office suite.

The course will take you through commands that are common to all programs in the Microsoft Office suite. We'll look at using the ribbon, shortcuts, formatting text and documents, adding images and more. Even if you have used Microsoft Office in the past, you will still walk out of this class learning something you didn't know.

USING MICROSOFT WORD

Michelle Klishis*

Tuesday, December 9, 10:00 a.m. - Noon **Computer Lab** Skill Level I

Prerequisite: Office Basics

This class will look at making Microsoft Word do what YOU want it to do (instead of Word making you fit into its preferences). We'll cover tricks of moving around and selecting text, how to format the text and layout of a document, as well as using tables and columns. We'll even look at page numbering and tables of contents, all of which allow you to create a document you can be proud

USING MICROSOFT POWERPOINT

Michelle Klishis*

Wednesday, December 10, 10:00 a.m. - Noon **Computer Lab** Skill Level I

Prerequisite: Office Basics

If you'd like to teach an OLLI class—or make the class you do teach even better—PowerPoint is the most common tool for giving presentations. This class will show you how to make a slide show, and the tools that exist within PowerPoint that will make giving your presentation easier. We will also look at how to use PowerPoint to make a photo album—an automatic slide show that displays pictures, such as you might see at a family reunion or wedding.

USING MICROSOFT EXCEL

Michelle Klishis*

Thursday, December 11, 10:00 a.m. - Noon **Computer Lab** Skill Level II

Prerequisite: Office Basics

Excel is Microsoft's spreadsheet program, which makes it sound like something for business use only, but Excel is really an amazing organizational tool for information. You can use Excel for things like address books, tracking daily exercise, maintaining a budget, or even creating a database to keep track of all the books you buy for kids.

TRAVEL AND ADVENTURE

CRUISING THE BRITISH ISLES

Karen Long*

Tuesdays, November 11 and 18, 10:00 a.m. - Noon Morgantown B and Zoom

Relive our presenter's adventure through the British Isles in this virtual tour. We'll begin our trip in Bergen, Norway, and spend a day in this beautiful area. Off to Scotland, where we'll discover the Shetland and Orkney Islands, visit the capital, Edinburgh, as well as Aberdeen and the Scottish Highlands. Next stop is Belfast. Northern Ireland, where the Titanic was built. Unfortunately, weather prevented docking for a day in Dublin, Ireland, so onward to a brief visit in Wales and finally England! We'll visit Liverpool and learn a little about their most famous export, the Beatles! Then on to Portsmouth, Dover with its white cliffs, and finally a day in London.

NATIONAL LANDS IN WEST VIRGINIA

Ed Johnson*

Tuesday and Thursday, October 21 and 23, 1:00 - 3:00 p.m. **Charleston, Edgewood Summit**

West Virginia is home to a variety of federal facilities and protected natural areas, from scenic national

parks to historic sites and forests. This course offers an overview of both the natural features and federal operations that are regulated and preserved across the state. We'll explore how these lands and facilities are managed, their role in conservation and public use, and what makes them important to the state's identity and future.

OUR ROAD SCHOLAR TRIP TO CROATIA

Michael Attfield

Thursday, November 6, 10:00 a.m. - Noon **Morgantown B and Zoom**

In May 2025, Michael and Hilary Attfield took a Road Scholar trip to Croatia. The trip involved both education and sightseeing, with stops in Zagreb and Montenegro. In-between, they traveled between the Croatian islands by boat. They will share what they learned about the geography and history of the area, and the many wonderful things they saw in the mountains and ancient cities.



OLLI AFTER HOURS

Busy during the weekday? Join us for classes and events evenings and weekends!

MEMBER EVENTS AND SHARED INTEREST GROUPS

See pages 10 and 11 for details

- Fall Trivia Wednesday, October 15, 7:00 – 8:30 p.m.
- Holiday Trivia Wednesday, December 17, 7:00 - 8:30 p.m.
- Campus Club Evening Book Discussion 2nd Tuesday of the month, 7:30 – 9:00 p.m.
- OLLI Virtual Happy Hour Every Sunday, 6:30 - 7:30 p.m.
- Drinks and Dinner 2nd Thursday of the month, 6:00 – 8:00 p.m.

CLASSES

See pages 15, 17 and 22 for details

 Music, Painting, and Words: Explore Connections

Akina Kondoh

Monday, September 20, 6:00 - 7:30 p.m.

 Cooking for Mindfulness Shannon McNicholas

Wednesdays, September 17 - October 1, 6:00 - 7:30 p.m.

 Common Invasive Planets and What to Do **About Them**

Sam Gardner

Wednesday, October 8, 6:00 - 7:45 p.m.

OSHER ONLINE COURSE

See pages 30 and 31 for details

 American History in Six Songs (Approximately)

Matt Jennings

Tuesdays, October 14 - November 18, 5:00 - 6:30 p.m.

Creative Conservation

Stephanie Arne

Wednesdays October 8 - November 12 5:00 - 6:30 p.m.

 From Bauhaus to Brutalism: Modern and **Contemporary Architecture**

Eleanor Schrader

Mondays, October 6 - November 10 7:00 – 8:30 p.m.

 Graceful Exits: Exploring the Economics, Ethics & Ethos of Death With Dignity

Aleen Bayard

Mondays, October 20 - November 24 5:00 – 6:30 p.m.

 Legendary Shipwrecks of the Great Lakes: Tales from the Inland Seas

Anna Lardinois

Thursdays, October 9 - November 13 7:00 – 8:30 p.m.

 Public Health in Action: Addressing Stress, Equity, and Solutions

Faith Ogungbe

Wednesdays, October 15 - November 19 7:00 – 8:30 p.m.

• The African American Military Experience: From Revolution to Civil Rights

John Langellier

Tuesdays, October 7 - November 11 7:00 – 8:30 p.m.

COMMUNITY EVENTS

Community events are free and open to the public. Registration is required.

T'AI CHI CLASSES



Cecil Pollard

Hosted by OLLI at WVU and The Shack **Neighborhood House**

Saturdays, September 20 - December 20 The Shack Neighborhood House 537 Blue Horizon Drive, Osage

Register at

bit.ly/3x8lyi8 or with the enclosed form

INTERMEDIATE T'AI CHI

10:00 - 10:50 a.m.

This group provides an opportunity for participants who have moved beyond the beginning level to continue practicing together. Enrollment is by permission of OLLI instructors.

INTRODUCTION TO T'AI CHI **AND QIGONG**

11:00 - 11:50 a.m.

This course introduces a version of Yang Style T'ai Chi, as modified and taught by Cheng Man-ch'ing. Students will learn the basic principles of T'ai Chi and how to perform the form.

SPEAKER SERIES

Facilitator: Allie Karshenas

1st Wednesday of the month July 2025 - June 2026 2:30 - 4:00 p.m. Zoom

OLLI co-hosts a monthly presentation with the WVU Committee of Retired Faculty on topics of interest to members and the broader community. Past titles include Ice Age West Virginia and Glacial Lake Monongahela; Folk Music of the Southern West Virginia Coalfields; History Alive: Charles Schulz; and PEIA and Humana for WVU Retirees.



Visit olliatwvu.org for the latest information on speakers, topics, and registration requirements.

See the WORLD! **TRAVEL WITH OLLI IN 2026**

SHADES OF IRELAND

March 15 - 27, 2026

HIGHLIGHTS

Dublin, Irish Evening, Kilkenny, Waterford, Blarney Castle, Boat Tour, Ring of Kerry, Cliffs of Moher, Farm Visit, Galway, Donegal Town, Derry, Giant's Causeway. Glens of Antrim, Belfast, "Titanic Experience"

RESERVATION DEADLINE September 15, 2025

FINAL PAYMENT DUE December 12, 2025

Learn more and book vour travel:

gateway.gocollette.com/ link/1336193



DISCOVER NORWAY

May 3 - 11, 2026

HIGHLIGHTS

Bergen, Fløibanen Funicular, Nordfjord Folk Museum, Geirangerfjord Cruise, Loen Skylift, Flåm Railway, Borgund Stave Church, Oslo

RESERVATION DEADLINE November 4, 2025

FINAL PAYMENT DUE: January 26, 2026

Learn more and book vour travel:

gateway.gocollette.com/ link/1336278





SHADES OF IRELAND co-sponsored by

WEST VIRGINIA UNIVERSITY **RETIREES ASSOCIATION**





DISCOVER PAINTED CANYONS OF THE WEST

August 2 - 10, 2026

HIGHLIGHTS

Colorado National Monument, Moab Arches National Park, Canyonlands National Park Las Vegas

RESERVATION DEADLINE February 2, 2026

FINAL PAYMENT DUE: May 4, 2026

Learn more and book your travel:

gateway.gocollette.com/ link/1336283





For more information, visit the trip websites, call the OLLI office at (304) 293-1793, or email Jascenna Haislet at iascenna.haislet@hsc.wvu.edu. FALL FOLIAGE TOUR: VERMONT **MASSACHUSETTS**

September 27 - October 4, 2026

HIGHLIGHTS

Trapp Family Lodge, Ben & Jerry's factory tour, Cider Mill, Mount Washington Cog Railway, Portland's Old Port, Salem, Boston Freedom Trail

RESERVATION DEADLINE

March 31, 2026

FINAL PAYMENT DUE:

TBA

Learn more and book your travel:

groups.goaheadtours.com/ tours/fall-foliage-olli



FALL FOLIAGE: co-sponsored by

WEST VIRGINIA UNIVERSITY RETIREES ASSOCIATION



LEARN WITH OLLI MEMBERS FROM ACROSS THE COUNTRY!

Expand your learning with Osher Online a national program offered through the Osher National **Resource Center** and Northwestern University.

Osher Online courses are delivered via Zoom, allowing you to connect and learn with OLLI members nationwide - from the comfort of your own home.

FALL OSHER ONLINE COURSES

ALEXANDER GRAHAM BELL AND THE TELEPHONE, **150 YEARS LATER**

Walter Bernard (Bernie) Carlson

Wednesdays, October 15 through November 19 11:00 a.m. - 12:30 p.m.

AMERICAN HISTORY IN SIX SONGS (APPROXIMATELY)

Matt Jennings

Tuesdays, October 14 through November 18 5:00 - 6:30 p.m.

CREATIVE CONSERVATION

Stephanie Arne

Wednesdays October 8 through November 12 5:00 - 6:30 p.m.

FROM BAUHAUS TO BRUTALISM: MODERN AND **CONTEMPORARY ARCHITECTURE**

Eleanor Schrader

Mondays, October 6 through November 10 7:00 - 8:30 p.m.

GRACEFUL EXITS: EXPLORING THE ECONOMICS, ETHICS & ETHOS OF DEATH WITH DIGNITY

Aleen Bayard

Mondays, October 20 through November 24 5:00 - 6:30 p.m.

IMPRESSIONISM: COLOR LIGHT AND LEISURE

Lauren Weingarden

Thursdays, October 9 through November 13 3:00 - 4:30 p.m.

IN DARWIN'S FOOTSTEPS: A JOURNEY TO THE **GALAPAGOS**

Eric Simon

Thursdays, October 16 through November 20 11:00 a.m. - 12:30 p.m.

INEQUALITY AND ECONOMIC POLICY

Geoffrey Woglom

Tuesdays, October 14 through November 18 1:00 - 2:30 p.m.

LANGUAGES OF THE WORLD

Asya Pereltsvaig

Thursdays, October 16 through November 20 1:00 - 2:30 p.m.

LEGENDARY SHIPWRECKS OF THE GREAT LAKES: TALES FROM THE INLAND SEAS

Anna Lardinois

Thursdays, October 9 through November 13 7:00 - 8:30 p.m.

PEEKING INSIDE THE BLACK BOX

Johnnie Hendrickson

Tuesdays, October 14 through November 18 3:00 - 4:30 p.m.

PUBLIC HEALTH IN ACTION: ADDRESSING STRESS, EQUITY, AND SOLUTIONS

Faith Ogungbe

Wednesdays, October 15 through November 19 7:00 - 8:30 p.m.

THE AFRICAN AMERICAN MILITARY **EXPERIENCE: FROM REVOLUTION TO CIVIL RIGHTS**

John Langellier

Tuesdays, October 7 through November 11 7:00 - 8:30 p.m.

THE FILMS OF JOHN CASSAVETES AND **GENA ROWLANDS: INNOVATION IN FILMMAKING AND PERFORMANCE**

Heather Brown

Fridays, October 10 to November 14 11:00 a.m. - 12:30 p.m.

THE LIFE AND TIMES OF NIKOLA TESLA

Marc Seifer

Mondays, October 6 through November 10 3:00 - 4:30 p.m.



THE MAGIC OF MOTOWN

Mike Agron

Tuesdays, October 28 through December 2 11:00 a.m. - 12:30 p.m.

THE POWER OF ONE IN STEVEN SPIELBERG FILMS

Bernard (Butch) Epps

Mondays, October 20 through November 24 1:00 - 2:30 p.m.

Courses are \$50 each and require a current OLLI membership.

Visit olliatwvu.org/get-involved/ catalogs for course descriptions.

RUDY ALMASY (PhD Renaissance Literature U of Minnesota) is a retired WVU faculty member from the Department of English. In the department he taught early modern literature (poetry, drama, prose) as well as courses in writing and Adolescent Literature. He publishes regularly in his field and was selected for a teaching award in the department. He is a frequent OLLI instructor.

HILARY ATTFIELD*, a native of Scotland and retired editor, likes to stay current with world issues and events (and gardening everywhere!). She has degrees from Aberdeen (Scotland), Warwick (England), and WVU.

MICHAEL ATTFIELD* worked as an epidemiologist in occupational medicine, presenting at conferences and teaching some classes at WVU and in the Netherlands.

J. AULTMAN-MOORE holds a PhD in Philosophy from Loyola University of Chicago and taught at Waynesburg University for 29 years.

JOHN BEALL, a Texas native and a composer was Professor of Music and Composer-in-Residence at WVU from 1978 until he retired and was appointed as Professor Emeritus in 2014. Beall was named Benedum Distinguished Scholar for the Humanities and Performing Arts by WVU in 1990, has won annual awards from ASCAP, and has twice been named Composer of the Year by the WV Music Teachers Association.

ANDREW BLACKWOOD holds degrees in mathematics, psychology, and education leadership. He taught at WVU Tech for 13 years, the University of Charleston for five years, and Capital High School for one year. With over 20 years in nonprofit leadership, he served four years as executive director and CEO of Habitat for Humanity of Kanawha and Putnam County.

RABBI JOE BLAIR* has served for seven years as spiritual leader and Rabbi for Temple Israel, in Charleston WV. Previously, he served two congregations for 15 years. Before entering the pulpit, he served as Executive Director and Rabbi at the UVa and Duke University Hillel Foundations. He holds a B.A; a M.C.S.; a J.D; and a M.H.L., and has taught for OLLI multiple times.

MELORA CANN* has been an art educator for over 40 years. She has studied art history internationally in Italy, the Netherlands, Spain, Great Britain, Germany and Mexico. She lived and taught in northern Italy for 24 years. She has been teaching art history classes for OLLI at WVU since 2017.

ANNIE CARTER is the Trauma Outreach and Injury Prevention Coordinator for the Jon Michael Moore Trauma Center at WVU Medicine Ruby Memorial Hospital. Her emergency medicine background includes four years of EMS and 11+ years as a registered nurse in the emergency department. She obtained a bachelors of science degree in nursing from Waynesburg University.

STAN COHEN* taught a variety of psychology courses at WVU from 1972 - 2008. Since 1968, he has engaged in a variety of eating and cooking experiences. He is a lifelong advocate of a wellness lifestyle, including healthy eating. He will be assisted by his partner, JUDY COHEN*.

KENTON COLVIN* retired from WVU Student Life after 18 years. He had previously spent 26 years in manufacturing management with several corporations. He has a Master's Degree in Industrial and Systems Engineering and has taught engineering courses for 26 years. Colvin is vice president of the Mon Valley Railroad Historical Society and enjoys reading history and teaching classes at OLLI since 2013.

ANDREA ELKINS is a fan of musical theater, opera, tv, movies, and music.

KATHI ELKINS is retired from the WVDHHR/Health Statistics Center as an epidemiologist and years in tobacco prevention. She has recently moved back to the Morgantown area from Charleston. Previously for OLLI, she taught the history of ice (and making ice cream), a series of classes on environmental issues, and share the story of your collection.

DANIELLE FUNK SOLLENBERGER is an Assistant Professor for WVU's Health Informatics and Information Management (HIIM) program.

SAM GARDNER is a forester and conservationist, holding an associates in forest technology from Allegany College of Maryland, and a bachelors of

forest resource management from WVU. Sam has previously worked for the Maryland Forest Service, and currently operates Nature Works Morgantown, providing consulting services to clients including the National Park Service and Pittsburgh Botanic Garden.

CINDY GAY retired from the HSC Healthy Cafeteria, A dietitian, her menu at home still centers on made from scratch foods.

L. JON GROGAN has a BA in Political Science from Tufts, an MA in Public History from the University of San Diego, and a PhD in American History from Loyola University, Chicago. He is also a retired Marine Corps officer. His Osher portfolio includes classes in American, African, and military history.

JACK HAMMERSMITH*, a product of small-town Ohio, Hammersmith joined the WVU history faculty in 1968, retired 48 years later in 2016. Since then, he has been active in OLLI with various classes in recent U.S. history (largely on the presidents) and East Asia (China and Japan, which he also taught at the university). Unable to explain crypto currency or AI, he simply welcomes all to this old-fashioned class!

RABBI JOE HAMPLE* was born in Buffalo. educated at Harvard, and long employed at Wells Fargo Bank in California. Ordained in 2009, he worked as a full-time prison chaplain before coming to Morgantown in 2012. Now the spiritual leader at Tree of Life Congregation on South High Street, Rabbi Joe seeks to make Judaism accessible to everyone.

KERRY HARBERT taught in the WVU Biomedical Diagnostics program until retiring in 2020. She taught hematology, blood banking, urinalysis and phlebotomy to students pursuing a career in medical laboratory testing. Harbert finds that teaching for OLLI allows her to continue teaching and learning with others-- it sustains a sense of joy and wonder, and it provides a connection to the world around us.

JIM HELD* taught in WVU's Theater & Dance school for 35 years, retiring in 2015. The study and appreciation of films has been a lifelong interest. He claims to have learned everything at the movies, informing his reel life. At WVU he taught theater design, history and drama and world theater and drama. He designed scenery and/or directed productions almost every year. He has taught 77 classes for OLLI.

EVA HNIZDO*, PhD in Epidemiology, has been a Registered Yoga Teacher since 2006 and teaches yoga in NIOSH and Lakeview. She has practiced the lyengar style of yoga since 1976. This yoga style focuses on correct body alignment and is well suited for senior practitioners.

STEVEN HOLSCLAW* is a retired Petroleum Geologist after working 42 years in the oil and gas industry. He has a bachelor's degree in Geology from The Ohio State University. He has pursued a lifelong interest in fossils, minerals and crystals and enjoys sharing that interest with like-minded individuals.

JO ANN HORNSBY completed her residency in Internal Medicine and Fellowship in Rheumatology at the Medical University of South Carolina. She practiced at WVU SOM for 30 years retiring in 2022. She served as Section Chief of Rheumatology for 10 years, developing and initiating the current Rheumatology Fellowhip training program. She is an Emerita faculty member of WVU SOM.

RUSS T. HUTCHINS*, ED.Sp, is currently a professor at Friends University-Topeka, teaching U.S. History, Western Civilization, Economics, Business, Philosophy, and Business Management. He is a former school administrator and teacher with a Specialist Degree in School Administration, a graduate degree in Curriculum/Instruction, and a Bachelor's degree in Secondary Education. Hutchins lectures for OLLIs on topics surrounding WWII and the mystery of Amelia Earhart's disappearance, women spies, and women aviators.

ED JOHNSON* is the creator and curator of www. mh3wv.org, a website for West Virginia Studies students and educators; he was a long time business professor and a former cast member at Walt Disney World.

ALLIE KARSHENAS has served as the Associate Vice President of Clinical Research Operations and Institutional Advancements, Associate VP of Global

Engagements (GEO), and Associate Professor of Pharmaceutical Systems and Compliance in the School of Pharmacy at WVU.

MICHELLE KLISHIS*, OLLI's professional technologist, is a jack-of-all-trades and certifiable geek. Her degree in biology and work in a microbiology lab gave her absolutely no preparation for becoming a technology consultant. yet here we are.

KAZUNARI (KAZ) KOIKE was born and raised in Japan and received a bachelor's degree in Linguistics from Sophia University in Tokyo. He has obtained post-graduate degrees in Communication Disorders at the University of Tennessee. His educational background includes teaching spoken language to hearing-impaired children and teaching and development of foreign language courses.

AKINA KONDOH graduated from WVU with Doctor of Musical Arts in performance, a Japanese pianist Akina has planned and/or appeared in lecture recitals that collect piano pieces inspired by paintings. She is currently based in Tokyo and continues performing and research around the world.

CHRISTY KUNKLE is a professor of Communication Studies at WVU. A fan of OLLI, she has presented and facilitated workshops about those everyday encounters that can be the most meaningful, and also the most difficult. This is what she researches: difference, dialogue, and ways to help people become more inclusive, helpful, and hopeful toward each other.

KAREN LONG* is Associate Professor Emerita and retired from the WVU Department of Medical Laboratory Sciences, where she taught clinical microbiology, mycology, and immunology. She enjoys travel and sharing her adventures with OLLI members.

LESLIE LOVETT grew up in Arizona and also resided in New York and North Dakota before coming to West Virginia in 1987. She is an emeritus professor of medical laboratory technology and retired administrator. Her passions include travel, a variety of outdoor activities, photography, spending time with family and friends, and animal conservation and cuddling.

JULIE MALLOW, owner of The Vegetable Garden, raises fresh produce, spices, maple syrup, birdseed, milled flours, and more from her farm near Masontown.

KENNETH C. MARTIS is a Professor Emeritus of Geography at West Virginia University. He received his PhD in Geography from the University of Michigan and is the author or co-author of nine award-winning books on American elections and the United States Congress.

SHANNON MCNICHOLAS, MSW, LGSW, is a licensed social worker and farmer who believes healing starts with homemade food and mindful presence. She invites participants to slow down, engage their senses, and reconnect with themselves and others through the simple, grounding act of cooking together.

YIRA (JEE-DA) MUSE served over 25 years as a U.S. Air Force officer. During her career, she recognized an unmet need to arm troops against the negative effects of high-stress environments on well-being & performance. She pursued research on Hope Science and successfully applied it to leadership challenges she faced both in & outside the military. She now speaks & trains on the benefits of Hope.

BYRON NELSON* taught Shakespeare, English drama and British literature at WVU for 40 years until he retired in 2011. He has taught courses for OLLI on opera, Shakespeare, and Broadway musicals.

JOHN OUGHTON retired from West Virginia University in 2023. He served in various roles during his career including Associate Director of the WVU Teaching and Learning Commons, Teaching Assistant Professor with the WVU Department of Curriculum & Instruction, and Assistant Professor with the University of Toledo College of Education & Allied Professions.

DIANE PARKER has been a professional commercial and fine artist for 40 years. She is self/ workshop taught, apprenticing with Steve Vasilou and George Harper through the WV State Arts & Crafts Festival in Ripley. She was a graphic/fine artist at WVU from 1989-1996 and is currently the SAPS Coordinator for Taylor County Family

Resources. She works with youth and adults making crafts and creating art and is a board member of the Taylor County Arts Council.

KATHRYN PIATEK is a former Forestry and Soils professor, and a current science editor and an aspiring writer. She is working on a memoir and believes that creative writing is easier when inspired by like minds.

SUMITRA REDDY* has been enjoying teaching classes at OLLI since 2011 on various topics including travelogs, ancient trade routes and civilizations, Magic Math and mathematicians, Al topics, and Indo-European language family among others. She retired from WVU's Department of Computer Science and Electrical Engineering and remains as an Adjunct faculty member.

ROSS SCHOLOHM earned a BS in Civil Engineering from WVU and an MPA from Golden Gate University. A licensed professional engineer, he served five years as a U.S. Naval Officer in the Civil Engineer Corps (Seabees). He spent 30 years with the Hampton Roads Sanitation District, followed by roles with Hazen and Sawyer Engineers and WVU Facilities Management.

SHIKHA SHARMA is the Marshall Miller Professor of Energy in Geology and Chief Scientific Officer at the WVU Institute of Sustainability and Energy Research. As director of the IsoBioGeM Lab, she has led several large-scale multi-institutional research projects on shale gas, geothermal energy, carbon and hydrogen storage, and critical minerals.

RICHARD SMOSNA* is an emeritus professor at WVU who has been teaching geology since the Jurassic Period, presenting courses on environmental hazards, history of Earth, dinosaurs, human evolution, national parks, oceanography, and petroleum.

RYAN SOMMERKORN is certified by the T'ai Chi Institute for Health to teach T'ai Chi for Arthritis and Falls Prevention.

INGRID STRAKUSEK is a retired IT executive who moved to WV five years ago. As a side gig, she taught college-level IT courses for 20 years. She draws on this experience to teach others music. She is from a musical family and has played the flute since the second grade. In 2020 she joined OLLI, learning both the tin whistle and lap dulcimer. She believes learning to play a musical instrument should be fun!

JIM SUTHERLAND is a CPA and retired partner from a large accounting firm. He has been a part time college instructor. He is a chess enthusiast and has been a tournament chess player for over 50 years. Sutherland's bachelor's degree is from WVU, and he holds an MBA from Columbia University. He currently coaches two scholastic chess teams in Kanawha County and is a chess tournament director.

WALLY VENABLE* is a retired WVU professor, an amateur instrument maker and a regular contributor to the major on-line Appalachian Dulcimer forum. He is an active participant in local traditional music activities.

LI YANG came to the U.S. from China more than 30 years ago. She loves to cook and is always sharing her food..She has often been urged to open a restaurant, but she doesn't want to work that hard. She just wants to enjoy sharing what real Chinese food is.







LOVE TO TEACH, HOST, OR HELP OUT? **OLLI NEEDS YOU!**

At OLLI at WVU, there are lots of ways to get involved beyond the classroom - and we're always looking for enthusiastic members to share their time and talents.

Stop by the office or give us a call.

We'll find just the right place for you.



olliatwvu.org/get-involved





DISCOVER. CONNECT. THRIVE

PROGRAM INFORMATION, POLICIES, **AND ASSISTANCE**

ABOUT OLLI AT WVU

The Osher Lifelong Learning Institute at West Virginia University (OLLI at WVU) is dedicated to enriching the lives of older adults across West Virginia. An affiliate of the WVU School of Public Health, OLLI at WVU is a member-driven organization that fosters connection, curiosity, exploration, discovery, and discussion through learning and social engagement. The program offers non-credit classes, lectures, field trips, and events designed specifically for adults aged 50 and older.

Courses are developed and led by volunteers who are passionate about their subjects, eager to share their knowledge, and committed to lifelong learning. OLLI at WVU celebrates the unique experiences, talents, and wisdom of mature adults, emphasizing peer learning, active participation, and collaborative leadership.

WE VALUE:

- The shared knowledge and talents of our members and volunteers.
- The support of our members for OLLI at WVU.
- A spirit of collaboration and respect among members and with West Virginia University.
- · Excellence in all aspects of the life of OLLI at WVU.
- Innovation, creativity, and curiosity to develop and maintain a vibrant, member-driven program.
- Respect for diverse people, ideas, voices, and perspectives, where all members feel valued.

- Working together to positively impact every part of OLLI at WVU.
- Partnering with people in the communities that we serve to support the mission and vision of OLLI at WVU.

WITH GRATITUDE

OLLI at WVU continues to grow thanks to the unwavering commitment and generosity of our patrons and supporters. We acknowledge and thank:

- The Bernard Osher Foundation
- · West Virginia University, President's Office
- WVU Foundation
- WVU School of Public Health
- Edgewood Summit Retirement Community
- · Collette Travel and Tours
- OLLI board members, committee members, and volunteers
- OLLI \$100K Club and other donors and sponsors
- Distinguished OLLI instructors
- Our members

MEMBERSHIPS AND CLASS TERMS

The OLLI at WVU membership year runs July 1 - June 30 and is divided into four terms: summer, fall, winter, and spring. Membership is open to anyone interested in participating.

We offer two flexible membership options:

 Standard Annual Membership (\$30): Includes access to a variety of educational and social opportunities such as free member-only events, discounts on day trips and overnight travel, participation in shared interest groups, and a voice in OLLI governance. Benefits continue year-round, even when you're not enrolled in classes.

 Annual Plus Membership (\$175 through August 28, 2025): Includes all Standard benefits plus unlimited class enrollment for the entire membership year.

Members with a Standard Annual Membership may pay a \$40 term fee for unlimited class registrations in any given term. This pay-asyou-go model provides flexibility to participate in classes based on vour interests and schedule. While most class costs are included, some require additional fees noted in the course description.

OLLI at WVU is committed to making lifelong learning accessible. Financial assistance is available to members for whom fees present a barrier. Confidential scholarship applications can be requested from the OLLI office or completed via the online scholarship request form.

REGISTRATION **AND PAYMENTS**

To register for classes, you must be a current OLLI member and have paid your term fee. Visit wvuspholli.augusoft.net to purchase your membership, pay fees, and find up-to-date information. You may also call the office or use the enclosed registration form.

Checks are payable to the WVU Foundation. Credit card charges will appear as WVU HSC PUBLIC

HLTH OLLI OLLI@HSC.WVU. WV. Membership fees are nonrefundable. Refunds for classes or events are considered on a case-by-case basis.

Registration opens before each term and remains open throughout, subject to availability. Early registration is encouraged, as some classes fill quickly.

TAKING CLASSES

OLLI classes are open to all current members, regardless of location.

Morgantown members are welcome to attend classes in the Kanawha Valley, and vice versa. Members from other regions may attend in-person classes when visiting. Contact the office to make arrangements.

Zoom links for online classes are emailed by 9:00 a.m. on the day of the event. Please check your inbox (including spam/junk folders) at least 30 minutes prior. If you do not receive the link, call the OLLI office we're happy to resend it.

NEED HELP WITH ZOOM?

Interested in taking a class but unsure how to use Zoom? OLLI's professional technologist, Michelle Klishis, can guide you through everything from installing the app to joining a virtual class and using features like chat. Don't have a computer? Learn how to join by phone. Contact the OLLI office to schedule a session.

REGISTRATION AND ATTENDANCE MATTER

We understand plans change. Still, we ask that you register only for classes you are confident you can attend. Instructors are volunteers, and your participation helps demonstrate the value of our program to funders and policymakers. Some classes fill quickly and maintain waitlists.

If you must cancel, please notify the OLLI office so we can inform the instructor and offer your spot to someone else.

CLASS AND EVENT UPDATES

Because our catalog goes to print before all details are finalized, changes and additions happen frequently. Classes may reach capacity, be added mid-term, or shift due to instructor availability.

Stay up to date via:

- Our weekly Friday bulletin (email)
- Email notifications for class or event-specific updates
- The OLLI Class and Event Updates page: olliatwvu. wpcomstaging.com
- Facebook and Instagram

If you have questions, don't hesitate to call or email the office.

CLASSROOM ETIQUETTE

Please help foster a respectful, inclusive learning environment by:

- Staying on topic during discussions
- · Attending only classes and events for which you are registered
- · Registering only for events you are likely to attend

OLLI encourages exposure to diverse ideas. Please be considerate of others' perspectives at all times.

WEATHER CLOSURES

OLLI does not hold in-person classes in Monongalia or Kanawha County when public schools are closed or operating remotely due to weather. Announcements will be posted on olliatwvu.org.

Zoom classes may still be held. For updates, visit the Class and Event Updates page, call, or email us.

CLASS DISCLAIMER

OLLI at WVU presents programs of interest for general guidance only. We do not render legal, medical, financial, or other professional advice or services. Information presented in an Osher Lifelong Learning Institute at WVU (OLLI) program is not a substitute for professional consultation. Before making any decision or taking any action based on material covered in an OLLI class or event, consult a legal, medical, financial, or other relevant professional.

All information is provided "as is," with no guarantee of completeness, accuracy, timelines, or results obtained from the use of the information, and without warranty of any kind, expressed or implied, including, but not limited to, warranties of performance, merchantability, and fitness for a particular purpose. Neither the Osher Lifelong Learning Institute at WVU nor its information providers will be responsible to any program participant or anyone else for any decision made or action taken stemming from reliance on the information presented by OLLI or for any consequential, special, or similar damages, even if advised of the possibility of such damages.

LIABILITY DISCLAIMER

Individuals acknowledge and assume any and all risk associated with participation in Osher Lifelong Learning Institute at WVU (OLLI) activities. OLLI makes no representation regarding the appropriateness of any activity for an individual. OLLI at WVU disclaims any and all liability for each individual's participation in any activities. If a course involves physical activity, participants are responsible for wearing proper attire and using proper equipment. It is highly recommended participants consult a physician before participating in physical activity.

WOULD YOU LIKE TO JOIN OUR DONORS LIST?

At OLLI at WVU, we see the impact of your generosity every day. Many of the opportunities we offer would not be possible without donor support.

By making a gift today, you promote the future of OLLI - and help shape your legacy as a champion of lifelong learning.

CHOOSE THE WAY YOU GIVE

Whether you'd like to make a one-time donation or establish a lasting legacy, you can direct your gift to the area that matters most to you.

- OLLI'S AREA OF GREATEST NEED
- CAMPUS CLUB ENDOWED SCHOLARSHIP
- OLLI PARTICIPATION SCHOLARSHIP FUND
- THE OLLI ENDOWMENT

You can also support OLLI through a **LEGACY** GIFT, TRIBUTE GIFT, or an IRA CHARITABLE ROLLOVER.

EVERY GIFT MAKES A DIFFERENCE.

To learn more or donate, visit *olliatwvu.org/* make-a-gift, contact the WVU Foundation, or include your tax-deductible donation with your registration form. Make checks payable to the WVU Foundation.

SUPPORT OLLI EVERY TIME YOU SHOP AT KROGER

Did you know you can help fund OLLI at WVU - at no extra cost to vou?

Just link your Kroger Plus Shopper's Card to the **Kroger Community Rewards** Program, and Kroger will donate a portion of every eligible purchase to OLLI.

It's easy to sign up!

Visit krogercommunityrewards.com and select Osher Lifelong Learning Institute/WVU Found (FG916).

Already a supporter? Thank you!

Need help?

Stop by the OLLI office we'll be glad to walk you through it.



DIRECTIONS

to our Morgantown office and classrooms

From either I-68 East or West. take Exit 1 and turn left at the stoplight.

Travel approximately 2 miles.

Turn right at the next stoplight onto Green Bag Road.

Turn right at the next stoplight to enter the Mountaineer Mall property.

Follow the road to the mall area and enter the first parking lot.

Use the entrance next to Anybody Gym (marked with an X on the map below) to enter the mall.

Inside, turn right at the first corridor crossway.

OUR OFFICE

The OLLI at WVU office is halfway down the main mall corridor, on the left side, with a large West Virginia University logo above the door.

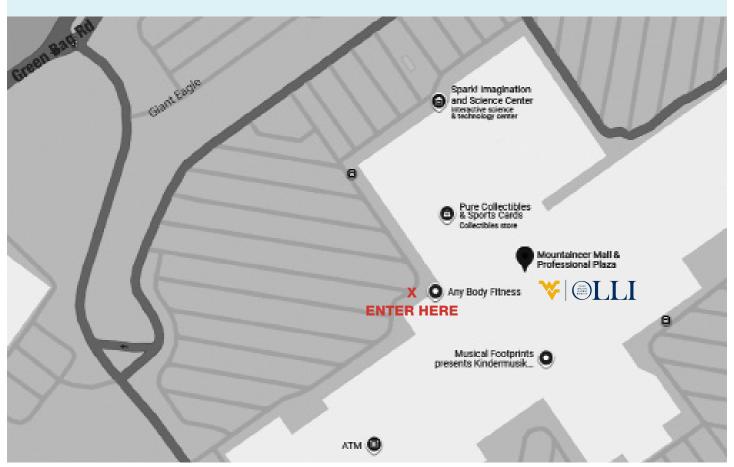
OUR CLASSROOMS

OLLI classrooms A and B are located to the left of our office.

The computer lab is located at the back of classroom B.

OUR MEMBER LOUNGE

The OLLI lounge offers members the opportunity to relax and socialize. Coffee, tea, and water are available, as well as access to a microwave. Donations help keep this service available and free.



LIVE LIFE, NARMON LET YOUR HEART SING!



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EXPERIENCE YOUR VIP TOUR AND A FREE LUNCH TODAY!

HarmonyAtMorgantown.com 304.241.8112

50 Harmony Dr, Morgantown, WV

HarmonyAtSouthridge.com 304.209.4370 801 Peyton Way, Charleston, WV





Join us for a Fall 2025

OLLI at WVU

MEET AND GREET!

Reconnect with friends, meet instructors, learn what's new at OLLI – and enjoy a snack on us!

CHARLESTON

Thursday, September 4 • 2:30 – 4:00 p.m. Edgewood Summit, 300 Baker Lane

MORGANTOWN

Tuesday, August 26 • 2:30 – 4:00 p.m. Mountaineer Mall, Center Court, 5000 Green Bag Road

Register today at https://bit.ly/4nUgzg9

WE'LL SEE YOU THERE!



